
**“COMPARISON OF TWO DIFFERENT DOSES OF
DEXMEDETOMIDINE WITH BUPIVACAINE IN PAEDIATRIC
CAUDAL ANAESTHESIA FOR INFRAUMBILICAL SURGERIES:
A RANDOMISED DOUBLE BLINDED CLINICAL STUDY”**

By

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Dissertation

Submitted to the

Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru

In partial fulfillment of the requirements for the degree of



DOCTOR OF MEDICINE

IN

ANESTHESIOLOGY

Under the guidance of

DR. VINOD HOSALLI M.D

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DEPARTMENT OF ANESTHESIOLOGY



**B.V.V.SANGHA'S S.NIJALINGAPPA MEDICAL COLLEGE AND
HANAGAL SRI KUMARESHWAR HOSPITAL AND RESEARCH CENTRE
BAGALKOT (KARNATAKA)**

2015

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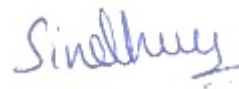
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Date: 20/11/2014

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DR. Sindhura N

LIST OF ABBREVIATIONS

ASA	-	American Society of Anaesthesiologists
cAMP	-	Cyclic Adenosine Mono Phosphate
CNS	-	Central Nervous System
CSF	-	Cerebro Spinal Fluid
CVS	-	Cardio Vascular System
G	-	Gauge
GABA	-	Gamma Amino Butyric Acid
hrs	-	Hours
HR	-	Heart Rate
Iv	-	Intravenous
MAP	-	Mean Arterial Pressure
min	-	minute
NS	-	Not Significant
PCA	-	Patient Controlled Analgesia
RS	-	Respiratory System
S	-	Significant
SL No	-	Serial Number

SD	-	Standard Deviation
Temp	-	Temperature
Yr	-	Year
µgm	-	Micro gram
Kg	-	kilogram
%	-	Percentage
ml	-	Millilitre
A	-	alpha
B	-	Beta
mm of Hg	-	Millimetre of Mercury

ABSTRACT

Background: Caudal epidural analgesia is one of the most commonly performed regional techniques in paediatric anaesthesia for intra and post-operative analgesia. However, the duration of analgesia is limited by the duration of action of local anaesthetics. Various adjuvants like α -2 agonists, ketamine, opioids etc have been used to prolong the caudal analgesia. α -2 agonists such as clonidine and dexmedetomidine have been used . With favorable results dexmedetomidine, has been popularly used. Both drugs have been compared in various routes with same doses. Here we intend to study two different doses, $1\mu\text{g}/\text{kg}$ which has been proved to increase analgesia duration in comparison with $0.5\mu\text{g}/\text{kg}$ dexmedetomidine as an adjuvant.

Methods: 60 children (aged 6months- 6years) posted for infraumbilical surgeries were randomly assigned in two groups. Group A (30) received caudal block $1\text{ml}/\text{kg}$ of 0.25% bupivacaine with $1\mu\text{g}/\text{kg}$ dexmedetomidine and Group B (30) received caudal block $1\text{ml}/\text{kg}$ of 0.25% bupivacaine with $0.5\mu\text{g}/\text{kg}$ dexmedetomidine. After giving premedication with $0.8\text{ mg} / \text{kg}$ of oral midazolam 30 minutes prior to surgery, patients were induced with propofol $2\text{mg}/\text{kg}$ and infusion $100\mu\text{g}/\text{kg}/\text{hr}$ started. Caudal block was performed and appropriate dosage of drug given depending on group. Patients were maintained on spontaneous respiration. Patient's heart rate, oxygen saturation and blood pressure were recorded every 5 minutes intraoperatively and postoperatively every 15 minutes for next 2 hours and then every 30 minutes until the requirement of first rescue analgesia.

Results:

The groups were comparable with respect to in age, sex and weight. The hemodynamic parameters like heart rate (HR), Systolic Blood Pressure (SBP), Diastolic Blood Pressure (DBP), Mean Arterial Pressure (MAP), were also similar between the two groups before and after administering caudal block.

Duration of 1st rescue analgesia of Group A was 1111.33 ± 74.9 minutes in compared Group B was 896.5 ± 40.8 minutes which was statistically significant (P value- 0.001). Incidence of postoperative vomiting was higher in group A in compared to group B which was statistically significant. Other side effects were comparable in both the groups.

Conclusion: Caudal dexmedetomidine ($1\mu\text{g}/\text{kg}$) with 0.25% bupivacaine for pediatric infraumbilical surgeries achieved significant post-operative pain relief compared to caudal dexmedetomidine ($0.5\mu\text{g}/\text{kg}$) with 0.25% bupivacaine. However, $0.5\mu\text{g}/\text{kg}$ dexmedetomidine had lesser side effects in comparison to $1\mu\text{g}/\text{kg}$ dexmedetomidine.

Key words: *caudal block , bupivacaine , dexmedetomidine , children.*

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INTRODUCTION

Pain is perhaps the most feared symptom of disease, which a man is always trying to alleviate and conquer since ages. It is defined by the international association for study of pain as an “unpleasant sensory and emotional experience associated with actual or potential tissue damage or described in terms of such damage”.¹

Popular dogma had suggested that the human child does not feel pain, and that it is dangerous to give him powerful analgesia because of the risk of addiction.² Under treatment of post-operative pain even in the children and newborns may trigger biochemical and physiologic stress response and cause impairments in pulmonary, cardiovascular, neuro endocrinal, gastrointestinal, immunological, and metabolic functions.³

The society of Pediatric Anesthesia, at its 15th annual meeting at New Orleans, Louisiana (2001) clearly defined the alleviation of pain as a “basic human right”, irrespective of age, medical condition, treatment, primary service response for the patient care or medical institution.⁴

Langlade et al suggested that the postoperative pain treatment must be included in the anaesthetic planning even before induction of anesthesia, adopting the idea of ‘managing pain before it occurs’. Now, postoperative pain management is an integral part of practice of paediatric anaesthesia in all major hospitals.⁵

Several methods have been employed in pediatric pain relief with different degree of success.

Caudal epidural block is one of the most common regional techniques in paediatric anesthesia.⁶

Caudal block is safe and reliable technique, easy to perform and has been found to be very effective in children, especially in infra-umbilical surgeries when combined with general anaesthesia . It allows rapid recovery from anaesthesia with good post-operative analgesia.⁵

The main disadvantage of caudal analgesia is duration of action after a single injection which is limited by duration of action of local anesthetics. Placement of a catheter has an inherent risk of infection. Prolongation of caudal analgesia using a single-shot technique has been achieved by the addition of various adjuvants such as opioids, ketamine, neostigmine, midazolam and α_2 agonists. Many of these adjuvants have side effects like respiratory depression, vomiting, pruritus etc.^{7,8}

Both Clonidine and dexmedetomidine have been used to prolong analgesia through various routes viz intravenous, intrathecal, epidural, caudal and peripheral nerve blocks.

Dexmedetomidine is more selective alpha-2 agonist especially for the 2A subtype receptor, it is 8 times more selective than clonidine and its lipophilic ratio is 3.5 times greater than clonidine which makes it much more effective sedative and analgesic agent, without undesirable cardiovascular effects from alpha-1 receptor activation.^{9,10}

So we conducted this study to compare two different doses, 1 μ g/kg dexmedetomidine which has been proved to increase analgesia duration in comparison with 0.5 μ g/kg dexmedetomidine as an adjuvant for duration of postoperative analgesia, hemodynamic changes and adverse effects.

OBJECTIVES

This study has been undertaken to compare caudal bupivacaine 0.25% (1ml/kg) with dexmedetomidine 1µg/kg and caudal bupivacaine 0.25% (1 ml/kg) with dexmedetomidine 0.5µg/kg in a single shot caudal block for infraumbilical surgeries in children aged between 6months to 6 years with the Primary objective of finding out,

- Duration of analgesia (Defined as the time interval between the administration of caudal block and the first requirement of rescue analgesia postoperatively)

And Secondary objectives were,

- Hemodynamic changes like heart rate, blood pressure.
- Adverse effects- vomiting, bradycardia, hypotension etc.

REVIEW OF LITERATURE

In the review of caudal analgesia of children, it was suggested that caudal route is one of the simplest and safest techniques in pediatric surgery, with high success rate. Caudal block has been used for both intraoperative and postoperative analgesia in children undergoing infraumbilical surgeries. Caudal analgesia could reduce the amount of inhaled and intravenous anesthetic administration, attenuate the stress response to surgery, facilitate a rapid, smooth recovery and provide good immediate postoperative analgesia.¹¹

Saadawy et al conducted a randomized double blind study involving 60 children aged 1-6 year undergoing unilateral inguinal hernia repair or orchidopexy, a comparison was done between 1ml/kg of 2.5mg/ml bupivacaine and same dose of bupivacaine with dexmedetomidine 1µgm/kg during sevoflurane anaesthesia. They concluded that addition of dexmedetomidine to bupivacaine prolongs duration of postoperative analgesia (18.5 ± 2.8 hrs) versus bupivacaine alone (6.2 ± 2.8 hrs), end-tidal sevoflurane concentration and the incidence of agitation were lower in dexmedetomidine group and there was no statistically difference in hemodynamics between two groups.¹²

Bharti N et al conducted study on 80 children of ASA grade 1 and 2, aged 1-8 yrs posted for lower abdominal and perineal surgeries were randomly allocated into 4 groups. Group 1 received 0.2% plain ropivacaine 0.75 ml/kg , while group 2, 3, and 4 received dexmedetomidine 0.5, 1.0, and 1.5 µg/kg , respectively, along with 0.2% ropivacaine 0.75 ml/kg under sevoflurane and Nitrous oxide anesthesia. They showed that postoperative analgesia was significantly prolonged in all dexmedetomidine groups compared to plain ropivacaine and patients receiving dexmedetomidine 1.5

$\mu\text{g}/\text{kg}$ were more sedated as compared to the other groups ($P < 0.01$), but it did not delay discharge of the patients.¹³

Bhaskar et al conducted study on 60 ASA grade 1 and 2 patients ,aged 1-12 yrs undergoing lower abdominal and lower limb surgeries were randomly allocated in to either group RD (receiving 1ml of 0.2% ropivacaine with dexmedetomidine 2 $\mu\text{g}/\text{kg}$) or group RF (receiving 1ml/kg of 0.2% ropivacaine with fentanyl 2 $\mu\text{g}/\text{kg}$) under general anesthesia. The results showed that mean duration of analgesia in group RD was significantly longer compared to group RF (714 \pm 149 min vs 384 \pm 71.80 min). They concluded that dexmedetomidine offers longer postoperative analgesia, along with more arousable sedation and lower incidence of emergence reactions with comparable hemodynamic and side effect profile.¹⁴

El Shamaa H A et al has done study on 50 patients aged 1-5 yrs with ASA grade 1 and 2 scheduled for lower abdominal and perineal surgeries. Patients enrolled into 2 groups, group A received dexmedetomidine 2 $\mu\text{g}/\text{kg}$ with 1 ml /kg of 0.25% bupivacaine and group B received morphine 30 $\mu\text{g}/\text{kg}$ with 1 ml /kg of 0.25% bupivacaine after LMA insertion. They concluded that dexmedetomidine group patients had longer duration of analgesia and lesser side effects than morphine group.¹⁵

El-Hennawy et al randomly assigned 60 subjects (6 months to 6 yrs) into three groups in a double-blinded manner. After sevoflurane and oxygen inhalation, each subject was given single caudal dose of bupivacaine 0.25% (1ml/kg) combined with either dexmedetomidine 2 $\mu\text{g}/\text{kg}$ in normal saline 1ml, clonidine 2 $\mu\text{g}/\text{kg}$ in normal saline 1ml or corresponding volume of normal saline. They concluded that adding dexmedetomidine or clonidine to caudal bupivacaine significantly promoted

analgesia time [16(14-18) hrs and 12(3-21) hrs respectively) than the use of bupivacaine alone (5 (4-6)hrs] without an increase in side effects.¹⁶

Study was done by Neogi M et al on 75 children aged 1 -6yrs who underwent elective inguinal herniotomy were divided into three groups. After induction with 50% Nitrous oxide and 8% sevoflurane and LMA insertion with spontaneous ventilation, Group R received 1ml/kg of 0.25% ropivacaine. Second group (Group C) received 1ml/kg of 0.25% ropivacaine and 1µgm/kg clonidine and third group (Group D) were given 1ml/kg of 0.25% ropivacaine and 1µgm/kg dexmedetomidine. The mean duration of analgesia was prolonged in group C (13.17±0.68 hrs) and group D (15.26±0.86 hrs) in compared to group R (6.32±0.46 hrs) with no significant difference in adverse effects.¹⁷

Anand VG et al conducted a study using, 0.25% ropivacaine 1ml/kg with dexmedetomidine 2µg/kg and the same dose of ropivacaine with 0.5 ml normal saline in children (6months to 6 yrs) undergoing lower abdominal surgeries. They concluded that addition of dexmedetomidine to ropivacaine prolongs duration of postoperative analgesia (14.5hrs versus 5.5hrs) and the difference between means of mean sedation score, emergence behavior score, mean emergence time was statistically significant but perioperative hemodynamics were stable in both groups.¹¹

Jamali et al randomly divided 45 paediatric patients, aged 1-7 years, presenting for sub-umbilical surgery into three groups of 15 each. Caudal anaesthesia was performed with 1ml/kg of 0.25% bupivacaine. Epinephrine was added in one group (EG), 1µg/kg of clonidine in another group (CG) and no additional medication in another group (BG). The mean duration of analgesia was longer in CG (987±573 min) than in the EG (377±341 min) and BG (460±439); $p < 0.01$.¹⁸

Upadhyay KK et al randomly divided 50 children, aged 6 months to 6 years, undergoing elective lower abdominal and lower limb surgeries, into 2 groups. Group B, which received 0.75ml/kg of 0.25% plain bupivacaine by caudal route, achieved 5.59 hours of mean duration of analgesia. Group BC, that received additional 1 µg/kg of caudal clonidine, achieved 10.33 hours of analgesia. Hence it was concluded that clonidine significantly prolongs the duration of postoperative analgesia when added to bupivacaine without any fall in heart rate, blood pressure, respiratory rate and oxygen saturation.¹⁹

Cook B et al randomly allocated 60 boys, aged 1 – 10 year, undergoing orchidopexy, to receive one of the following three solutions. Group A received 0.25% bupivacaine 1ml/kg with adrenaline 5µg/ml (1/2,00,000), group C received 0.25% bupivacaine 1ml/kg with clonidine 2µg/kg and group K received 0.25% bupivacaine 1ml/kg with ketamine 0.5mg/kg. The mean duration of analgesia was 12.5 hours in group K, 5.8 hours in group C ($p < 0.05$) and 3.2 hours in group A ($p < 0.01$) with no difference between the groups regarding incidence of motor block, urinary retention or post-operative sedation.²⁰

Constant I et al conducted a study among 64 children, aged 6 months to 9 years, scheduled to undergo bilateral correction of vesicoureteric reflux, which was expected to last more than 30 minutes. Addition of clonidine and fentanyl to bupivacaine, separately and together, was compared. Single shot caudal block was sufficient in only 57% of children in bupivacaine only group, 93% of children who received clonidine or fentanyl and 86% of children who received both. It was concluded that though both prolonged the duration of surgical analgesia, clonidine

had some advantages over fentanyl as it did not produce clinically significant side effects.²¹

Hansen et al compared the effects of caudal and iv clonidine on postoperative analgesia produced by caudal bupivacaine after hypospadias repair. 46 children (ASA I or II) aged 24-104 months, a caudal block with bupivacaine 0.25%, 0.5 ml/kg was randomised in a double blind fashion to two groups: the iv group received clonidine 2 µg /kg iv. The caudal group received clonidine 2 µg /kg caudally. The median time to first activation of PCA/NCA pump was similar in two groups. Morphine consumption during 0-24 h and 24-48 h was similar between groups.²²

Klimscha W et al studied the analgesic efficacy, hemodynamic and respiratory safety of clonidine when added to bupivacaine for caudal blocks in 58 children, mean age of 3 years, scheduled for hernia repair. They were randomly given a caudal injection (0.75ml/kg) of either saline placebo (group P), bupivacaine 0.25% (group B), bupivacaine with epinephrine 1:200,000 (group BE), bupivacaine with clonidine 1 µg/kg (group BC1) or bupivacaine with clonidine 2 µg/kg (group BC2). The duration of analgesia was significantly longer ($p<0.05$) in BC1 (360 [270-360] min) and BC2 (360 [335-360] min) compared to P (77 min), B (346 min) and BE (300 min). It was concluded that clonidine 1 and 2 mcg/kg can be safely added to bupivacaine caudal blockade to achieve an increased duration of analgesia compared with bupivacaine alone or bupivacaine with epinephrine.²³

Kundra et al has evaluated pre-emptive caudal bupivacaine and morphine for post-operative analgesia in children. 30 patients of ASA 1 and 2, undergoing elective hernia repair under general anaesthesia were randomly allocated to two groups; Group 1 (preemptive group) received 0.6 ml/kg 0.25% bupivacaine with morphine

0.02mg/kg caudally 15 min before surgery. Group 2 (post incision group) received the same drug mixture after surgery. Pain was assessed using an objective pain scale (OPS). In this study, they demonstrated that the preemptive caudal bupivacaine and small dose of morphine administration is superior to the same mixture given at the conclusion of surgery for pain relief.²⁴

Lee JJ et al studied 46 children, aged 1-10 years, undergoing elective orthopedic surgery. They were randomly allocated to two equal groups to receive 0.25% bupivacaine 1ml/kg with either normal saline 1ml (group A) or clonidine 2µg/kg in 1 ml normal saline (group B). It was found that addition of clonidine improved the efficacy of caudal analgesia significantly compared to that provided by bupivacaine alone (9.2 hours vs 5.2 hours, $p < 0.0001$). Requirement of supplementary post-operative analgesics at 12 and 24 hours were also significantly reduced in the clonidine group ($p < 0.01$).²⁵

Koul A et al divided 40 children undergoing inguinal hernia repair into 2 groups. One group was given caudal injection of 0.75ml/kg of 0.25% bupivacaine alone and the other group was given clonidine 2µg/kg along with 0.75ml/kg of 0.25% bupivacaine. Duration of post-operative analgesia was 4.55 hours in the group receiving only bupivacaine and 10.25 hours in the group receiving bupivacaine with clonidine ($p < 0.001$). Bradycardia, hypotension and sedation were not observed in clonidine group.²⁶

Luz G et al conducted another study in children, aged 0.5- 6 years, undergoing inguinal hernia repair, orchidopexy and circumcision. It was found that the mean duration of analgesia in children receiving 0.18% bupivacaine 1.5ml/kg with clonidine 1 µg/kg or morphine 30 µg/kg was 6.3 hours and 7.1 hours respectively.²⁷

ANATOMICAL REVIEW IN CAUDAL EPIDURAL BLOCK^{28,29}

Vertebral column consists of 7 Cervical, 12 Thoracic, 5 Lumbar, 5 Sacral and 4-5 coccygeal vertebrae.

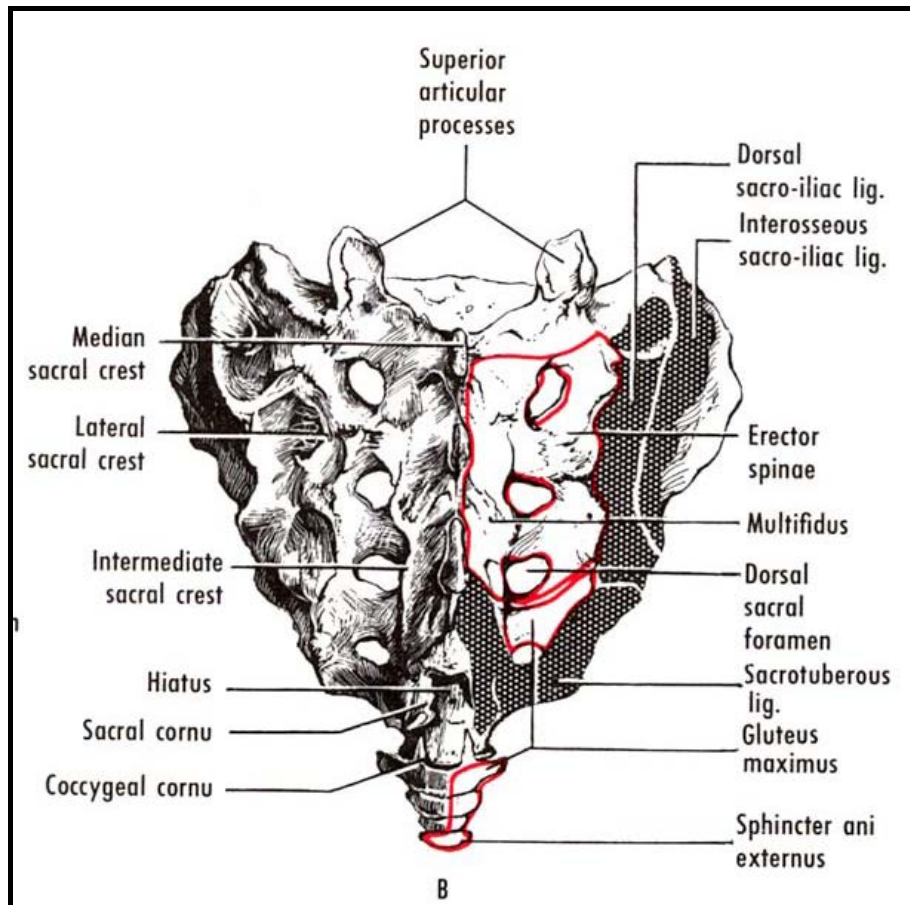
SACRUM :

It is a triangle shaped bone formed by the gradual fusion of the lamina of five sacral vertebrae, which is completed by 20 years of life. It articulates cephalad with the fifth lumbar vertebrae and caudally with the coccyx.

The concave anterior surface features four pairs of large anterior sacral foramina that provide passage from the midline sacral canal for the anterior rami of the upper four sacral nerves. In contrast with their posterior counterparts, the anterior foramina are unsealed and provide a ready passage for escape of local anaesthetic solution injected into the sacral canal.

The dorsal surface of the sacrum is variably convex and irregular, with important prominences representing the fused elements of the sacral vertebrae. In the midline, there is a median crest with three or more, but commonly four, variably prominent tubercles, representing the sacral spinous processes.

Figure 1: Anatomy of sacrum dorsal aspect

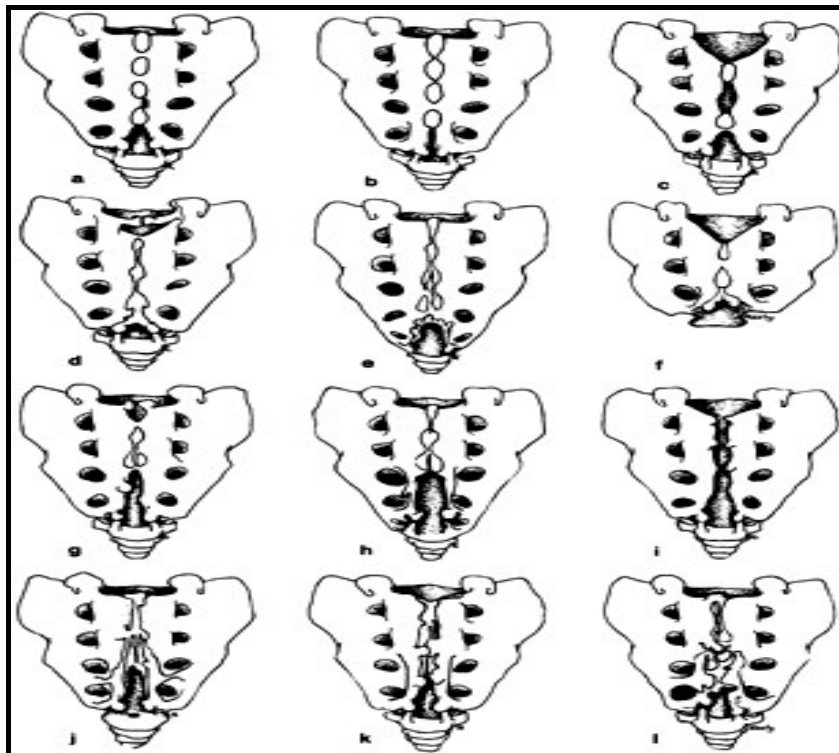


The remnants of the S5 inferior articular processes are free and prominent, and flank the sacral hiatus. They constitute the sacral cornua, and together with the adjacent coccygeal cornua, which they abut, are key landmarks for identification of the sacral hiatus and successful caudal blockade. The fused sacral transverse processes give rise to a variably raised lateral sacral crest with transverse tubercles, the most caudad of which occurs where the lateral border of the sacrum deviates more medially at the inferior lateral sacral angle. This is clinically important because it may be confused with one of the cornua. The shape of the sacrum varies somewhat between sexes and between different races.

SACRAL HIATUS :

It is a defect in the lower part of the posterior wall of the sacrum, formed by the failure of the laminae of S5, and usually part of S4, to meet and fuse in the median plane. This leaves a space of median dimension, often described as being like an inverted U or V, which is covered by the thick fibrous posterior sacrococcygeal ligament, part of a network of fibrous ligaments covering the sacroiliac and sacrococcygeal areas. Penetration of this ligament by a needle yields direct access to the caudal limit of the epidural space in the sacral canal. It is in this area that there is considerable variation in “normal” anatomy. Anatomic studies of sacrum of mixed sex and race have confirmed this variability.

Figure 2 : Anatomical variants of dorsal wall of sacrum and sacral hiatus.



a) Normal; b) Longitudinal slit-like hiatus; c) Second midline hiatus; d) Transverse hiatus; e) Large hiatus with absent cornua; f) Transverse hiatus with absent coccyx and two prominent cornua, with two proximal “decoy” hiatus lateral to the cornua; g ,h, i) Large midline defects in posterior sacral wall continuous with sacral hiatus; j.k.l) Enlarged longitudinal hiatus, each with an overlying “decoy hiatus”.

SACRAL CANAL AND ITS CONTENTS :

The sacral canal is the continuation of the lumbar spinal canal. It communicates laterally with the anterior and posterior sacral foramina. Inferiorly, it terminates at the sacral hiatus.

The canal contains the terminal part of the dural sac, ending between S1 and S3, but generally at S2, on a line joining the posterior superior iliac spines. The five sacral nerve roots and the coccygeal nerve, which constitute the cauda equina, all transit the canal. The sacral epidural venous plexus, a part of valveless internal vertebral venous plexus, generally ends at S4, but may extend throughout the canal. It tends to lie against the anterior wall of the canal, but this is an inconsistent feature and is very much at risk from needle or catheter puncture. Also found in the canal is the filum terminale, the non-nervous terminal filament of the spinal cord, which exits through the sacral hiatus to attach to the back of coccyx. The remainder of the canal is filled with epidural fat, the character of which changes from the loose texture in children to a more fibrous, closed mesh structure in adults. It is this difference that gives rise to the predictability of caudal local anaesthetic spread in children and its unpredictability in adults.

TECHNIQUE OF CAUDAL BLOCK^{28,30,31}

Caudal block can be performed as a single shot caudal or a continuous caudal using catheter techniques. Single shot caudal blocks are used for ambulatory and minor procedures while continuous catheter techniques are used for in-patients undergoing more extensive procedures.

Figure 3 : Method of palpation of sacral hiatus – with spine of S4 above, sacral cornua on either side and coccyx below.

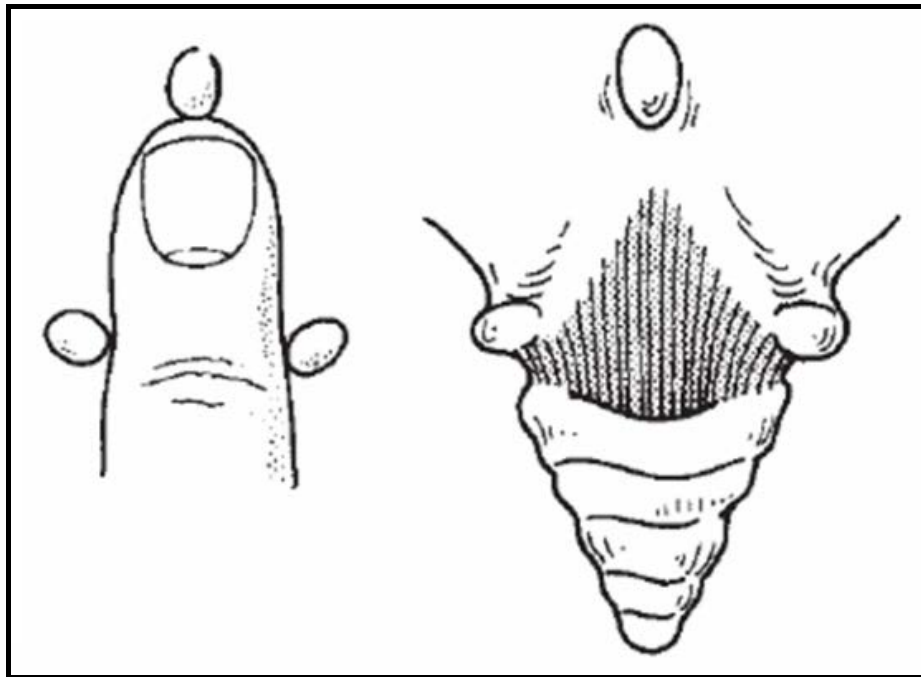


Figure 4: Positioning for caudal block and method of needle insertion.



SINGLE-SHOT CAUDAL BLOCK :

Most children will not accept this procedure while awake, and so they are sedated or anaesthetised prior to receiving caudal block. Once the child is anaesthetised and all the vitals are stable, the child is placed in the left lateral or prone position. Under strict aseptic precautions the following landmarks are palpated: Posterior superior iliac spines, sacral cornua and sacral hiatus between the cornua.

After identifying the midline, a finger is run down the tips of thoracic and lumbar spine towards the sacrum where the sacral hiatus may be palpated as a depression between the two sacral cornua. Alternatively, a finger is run upwards towards the sacrum after identifying the tip of the coccyx, which then palpates the hiatus. The sacral hiatus is also found at the apex of the equilateral triangle based on a line drawn between the two posterior superior iliac spines.

Once the sacral hiatus is identified, the hiatus is punctured with a short beveled 1.5 inch 23 gauge needle. The bevel of the needle should be placed anteriorly to prevent the penetration of anterior table of sacrum. The needle is inserted at an angle of 60-70° to the skin, until the characteristic “give” is felt, which indicates that the sacrococcygeal ligament is pierced. On entering the space, the needle is lowered to an angle of 20° and advanced 2-3 mm to make sure that the entire bevel is inside the space.

Figure 5: Bony landmarks for caudal block

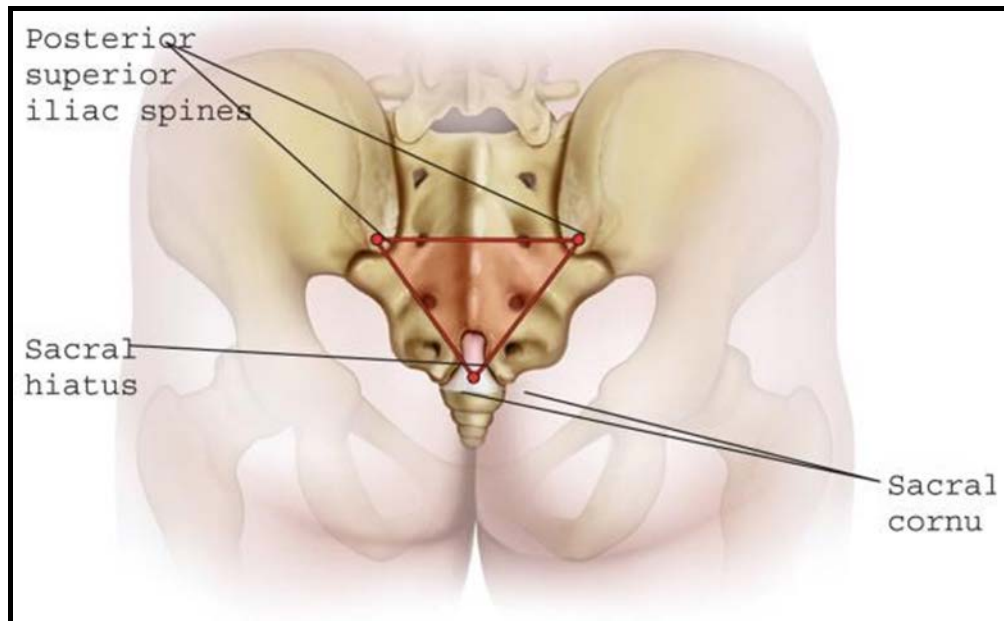
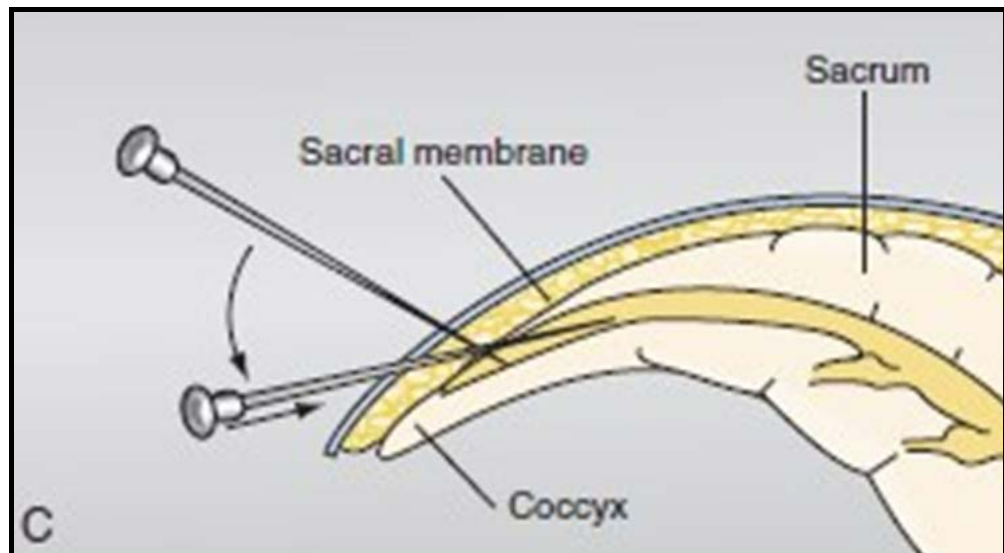


Figure 6: Method of needle insertion through Sacrococcygeal membrane



The angle of the needle with the skin is reduced parallel to the sacrum, and the needle is advanced into the caudal canal.

Signs of correct needle placement :

1. Definite “pop” is felt on piercing the sacrococcygeal ligament.
2. Absence of cerebrospinal fluid or blood on aspiration.
3. ‘Whoosh test’ – this involves listening with a stethoscope over the lumbar spine in the midline for a characteristic “whoosh” sound on injection of 2 to 3 ml of air via the caudal needle.
4. Absence of superficial bulge or crepitus on injection of drug or air.
5. There should be no tissue resistance to injection; the force required to inject should not exceed that necessary to overcome syringe or needle resistance.
6. There should be no local pain on injection of the solution.

CONTINUOUS CAUDAL :

It is mainly used for major surgeries which require patient to stay in the hospital. An 18 or 19 gauge needle (Crawford type) with a 20 or 21 gauge catheter is placed into the caudal space. Epidural catheters introduced through this route can be advanced in the epidural space to levels as high as thoracic spine in young children because of loose epidural fat. However, because of the proximity of the anus, the risk of infection precludes the use of these catheters for more than 3 days.

COMPLICATIONS :

1. **ABSENT OR PATCHY BLOCK :** This may be due to the failure of anatomical identification of landmarks or due to low dosage of the drug.

2. ACCIDENTAL INTRAVENOUS INJECTION : Occurs in 0.5% of patients.
This is due to puncture of venous plexus in the caudal canal.
3. DURAL PUNCTURE: Inadvertent dural puncture is usually a rare complication.
4. INTRAOSSEOUS INJECTION : It is produced by penetrating of the thin layer of the cortical bone of the anterior wall of the sacral canal.
5. MOTOR WEAKNESS : This is related to the concentration of the local anaesthetic used. More weakness is observed with greater concentration.
6. URINARY RETENTION: It might be due to interference with bladder control, which depends on S2-S4 sacral roots.
7. INFECTION : Occurs due to close proximity of the sacral hiatus to the rectum and anal canal.
8. MISCELLANEOUS: Other complications include bleeding with hematoma formation, neurological damage, injury to pelvic viscera, pruritis, broken needles and catheters inside the sacral canal.

PAIN IN CHILDREN

Pain experienced by infants and children often goes unrecognized, even neglected because they cannot express it.²

Surgical pain not only causes immediate nociceptive response but also results in changes in nociceptive activation pathways leading to hypersensitivity, hyperalgesia and allodynia.³²

Various studies have shown that pain pathways, as well as cortical and sub-cortical centres necessary for pain perception, are well developed late in gestation. Newborn infants, even preterm, can appreciate pain and react to it with tachycardia, hypertension, increased neuro-endocrine response and intracranial pressure.³³

In paediatric patients, optimum pain relief is a big challenge because it is difficult to differentiate restlessness or crying due to pain from that of hunger or fear. An effective therapy to block or modify the physiological responses to painful stimulus is an essential component of paediatric anaesthesia practice.⁵

NEUROPHYSIOLOGY OF PAIN ^{34, 35, 36}

The basic mechanism of pain perception in infants and children are similar to those of adults and include (a) transduction and transmission (b) perception (c) modulation.

Noxious mechanical, thermal and chemical stimuli excite primary afferent fibres that transmit information from the periphery to dorsal horns of the spinal cord. A (large, myelinated and fast conducting) and C (small, unmyelinated and slow conducting) nerve fibres are primarily responsible for pain impulse transmission. These signals can be amplified by the inflammatory mediators caused by tissue injury like bradykinin, prostaglandins, cytokines, substance P, catecholamines and potassium.

Neurotransmitters in the spinal cord attenuate or amplify the pain signals from the periphery. Substance P, calcitonin and gene related peptides amplify while endogenous opioids, norepinephrine, serotonin, GABA and glycine attenuate the pain signal. Nociceptive impulse reaches the thalamus by second order neurons in the spinothalamic, spinoreticular and spinomesencephalic tracts and is often distributed in

the brain. Central sensitization occurs when excitatory amino acids act on N-methyl D-aspartate receptors to induce prolonged depolarization.

Descending modulation occurs when efferent projections from supra-spinal areas, such as peri-aqueductal gray, raphe nucleus and locus ceruleus release inhibitory neurotransmitters. The major neurotransmitters mediating descending inhibition are nor-epinephrine, serotonin, endogenous opioids, GABA and acetylcholine.

CLINICAL ASSESSMENT OF PAIN IN CHILDREN^{34, 35, 37}

Assessment of pain has proved difficult in the paediatric age group because of limited cognitive and language skills, limited behavioral expression and few previous experiences of pain. Assessment of pain and management are interdependent, so without adequate assessment of child's pain, treatment is ineffective.

Presently, no easily administered, widely accepted, uniform techniques exist for assessing pain in children. An ideal pain assessment scale should be sensitive to changes in pain intensity, reliable and generalized, simple to use for patients and staff and used to assess the efficacy of analgesic interventions. Different scales vary in their ability to fulfill these criteria and an appropriate tool should be chosen based on the developmental stage of the child and the required application.

VARIOUS METHODS OF ASSESSING PAIN IN CHILDREN :

Pain assessment may be based on recording the child's self-report of pain, behavioral measures and biological methods.

1. Self- report measures :

Self- report measures rely on children reporting their own subjective pain experience. Since the child must have adequate cognitive and communication skills, the lower limit of age for the application of these measures is approximately four. It includes:

a) **Direct questioning :** Interviews, Children Comprehensive Pain questionnaire, Varni Thompson's Paediatric Pain questionnaire.

b) **Pain adjective descriptors :**

1) Visual Analogue scale

2) Category rating scale

- Pokers chip scale
- Faces scale
- Oncher's scale

3) Numerical scales

Pain thermometers,Pain diaries.

c) **Non- verbal scales :** Projective Method – Colours, Shapes, Drawings and Cartoons.

2. Behavioral measures:

Pain assessment tools that measure pain-related behaviors should be used when child self-reports cannot be obtained or to supplement self-report or physiologic measures. A number of behavioral scales have been developed which include:

- a) Children Hospital of Eastern Ontario Pain Scale (CHEOPS)
- b) Objective Pain Scale (OPS)
- c) Procedural Behavioral Rating scale
- d) Observational scale of behavioral distress
- e) COMFORT scale

3. **Biological methods:**

Pain is a stressor that activates the compensatory mechanisms of the autonomic nervous system.

It includes measurement of heart rate, blood pressure, respiratory rates, body movements, facial expression, increased secretion of catecholamines, cortisol and endorphin levels. Changes in heart rate, blood pressure and respiratory rate are useful when child is constantly monitored, but measurement of hormone levels is only applicable in research settings.

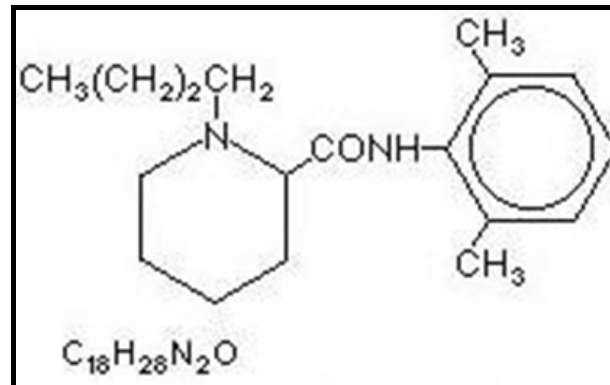
PHARMACOLOGICAL REVIEW

BUPIVACAINE:^{38, 39}

- It was first synthesized by Swedish investigator A F Ekenstam et al
- It is an amino amide local anaesthetic.
- It is chemically known as 1-n-butyl-1DL-piperidine-2-carboxylic acid-2, 6 dimethyl anilide

CHEMICAL STRUCTURE:

Figure 7: Bupivacaine chemical structure



PHYSICAL AND CHEMICAL PROPERTIES:

- Molecular weight – 325.
- pH of saturated solution – 5.
- Specific gravity-1.025 at 37o C.
- Stability and sterilization - highly stable, can withstand repeated autoclaving at 247 to 258 degree Celsius.
- Melting point - 247 to 258 degree Celsius.
- pKa – 8.1. bupivacaine has an intermediate onset of action because it is more ionized at physiological pH and only 19% unionized drug is available.
- Protein binding: It is highly bound to plasma proteins (α 1-acid glycoprotein), with a protein binding of 95%. This accounts for the longer duration of action.
- Lipid solubility: bupivacaine is a highly lipid soluble drug with a partition coefficient of 28. Hence it is 3 to 4 times more potent than lignocaine

MECHANISM OF ACTION:

Mechanism of action of bupivacaine is similar to that of any other local anaesthetics. The primary action of local anaesthetic is on the cell membrane of the axon. Bupivacaine binds to the α sub-unit of the voltage gated sodium channel from the inner surface of the cell membrane.

This subsequently prevents channel activation and blocks large, transient sodium influx necessary for membrane depolarization. Thus the resting membrane potential is maintained.

Initially the threshold for electrical excitation is raised, the rate of rise of action potential reduced and conduction slowed, eventually propagation of impulse fails.

Another mechanism of action is the “membrane expansion theory”. Drugs that do not form cations at physiological pH act by penetrating the axonal membrane. The membrane swells up and blocks sodium channels. This is a non-specific action compared to the more specific drug-receptor interaction.

PHARMACODYNAMICS:

CENTRAL NERVOUS SYSTEM:

Bupivacaine has a biphasic effect on the central nervous system. The initial state of CNS excitation involves the selective blockade of inhibitory pathways in the cerebral cortex. With increasing doses there is inhibition of both inhibitory and excitatory pathways, resulting in a generalised state of CNS depression.

CARDIOVASCULAR SYSTEM:

Bupivacaine is markedly cardiotoxic. It binds specifically to myocardial proteins. The primary cardiac electrophysiological effect is the decrease in the rapid phase of depolarization (V_{max}) in the Purkinje fibers and ventricular muscle due to decrease in the availability of fast sodium channels in the cardiac membrane. Action potential duration and effective refractory period is also decreased. The depression of rapid phase of depolarization by bupivacaine is far greater when compared to lignocaine; also the rate of recovery of block is slower with bupivacaine.

Therefore, there is incomplete restoration of V_{max} between action potentials at higher rates, which make it highly arrhythmogenic. In higher concentration, bupivacaine depresses myocardial contractility which is by blocking the calcium transport. Low doses of bupivacaine produce vasoconstriction while higher doses cause vasodilatation.

RESPIRATORY SYSTEM:

Respiratory depression may be caused by depression of medullary respiratory centre if excessive plasma level is reached. It may also be caused by paralysis of respiratory muscles as may occur in high spinal blocks.

PHARMACOKINETICS:

Absorption of local anaesthetics is determined by site of injection, dosage and addition of a vasoconstrictor. Absorption is faster in regions of higher vascularity (intercostals > caudal > epidural > brachial plexus > subcutaneous). Addition of vasoconstrictor does not prolong the duration of action of bupivacaine significantly but decrease its absorption.

DISTRIBUTION:

The volume of distribution of bupivacaine in steady state is 72 liters. $t_{1/2 \alpha}$ is 2.7 minutes (uptake by rapidly equilibrating tissues). $t_{1/2 \beta}$ is 28 minutes (redistribution to moderately perfused tissues). $t_{1/2 \gamma}$ is 3-5 hrs. The clearance rate of bupivacaine is 0.47litre/min.

The blood concentration of the drug decreases markedly as it passes through the pulmonary vasculature. Because of the mass of skeletal tissue, it makes it the largest reservoir of bupivacaine.

METABOLISM:

Metabolism occurs in the liver by N- dealkylation primarily to pipecolyloxylidine and hydroxylation and then conjugation to form a water soluble compound.

EXCRETION:

About 10 % of the drug is excreted unchanged in urine within 24 hours. About 5 % is excreted in urine as pipecolyloxylidine.

AVAILABILITY:

Bupivacaine hydrochloride is available in solutions of 0.125%, 0.25% and 0.5% concentrations in 20 ml vials. It is also available as 0.5% (heavy) solution containing 80 mg/ml of dextrose in 4 ml ampoule.

TOXICITY:

Allergic reactions to amide type of local anaesthetics are rare. Systemic toxic reactions can occur, usually due to accidental intrathecal or intravascular injections or

administration of excessive dose of bupivacaine. It involves mainly the central nervous system. The toxic plasma concentration of bupivacaine is 4-5 µg/ml.

The earliest signs of central nervous system toxicity are circumoral or tongue numbness, tinnitus, restlessness, light headedness and dizziness, confusion, small muscle twitches involving face and distal part of the extremities, which may progress to generalized tonic-clonic seizures. In later stages, it progresses to respiratory arrest.

The ratio of dose required for irreversible cardiovascular collapse and the dose needed to produce central nervous system toxicity (CC/CNS ratio) is lower for bupivacaine which is 3.7 ± 0.5 . The cardiovascular manifestations of bupivacaine toxicity include arrhythmias, myocardial depression, hypotension, bradycardia and cardiac arrest. Cardiac resuscitation is more difficult following bupivacaine induced cardiovascular collapse. Acidosis and hypoxia potentiates the cardiotoxicity.

TREATMENT:

Treatment is mainly supportive. Administering 100% oxygen and treating the complications such as seizures with anticonvulsants like thiopentone 2-3 mg/kg or diazepam 0.1-0.2 mg/kg IV. Maintaining cardiovascular stability with intravenous fluids and inotropic support. Treating ventricular tachycardia and fibrillation with Defibrillation (2 J/kg up to 6 J/kg) , using drugs like Inj. amiodarone (5 mg/kg IV) or Inj. bretylium (5 mg/kg IV, maximum of 300mg).

PREVENTION:

1. Lowest dose that gives adequate anaesthesia should be used.
2. Calculated dose be given as fractionated dose.

3. Debilitated, elderly and patients with severe liver disease dose should be reduced because hypoproteinemia increases free drug concentration.

DEXMEDETOMIDINE:^{40, 41}

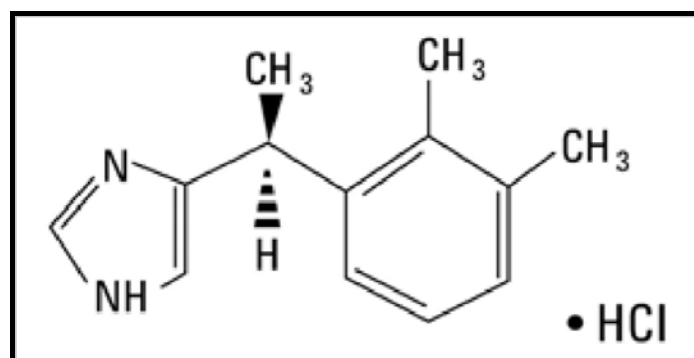
- It is highly selective α_2 agonist.
- It is an imidazole compound, pharmacologically active dextroisomer of medetomidine.

PHYSICAL AND CHEMICAL STRUCTURE :

Chemical name: (+) -4 -(S) - [1 - (2, 3 -dimethylphenyl) ethyl] -1H- imidazole monohydrochloride.

- Molecular formula: $C_{13}H_{16}N_2 \cdot HCl$
- Molecular mass: 236.7
- Structural formula:

Figure 8: Dexmedetomidine chemical structure



- pKa 7.1.
- pH 4.5 to 7.0.

PREPARATION:

Available as a clear, colourless, preservative free, isotonic solution, 100 µg/ml in 0.5ml, 1ml and 2ml glass ampoules.

MECHANISM OF ACTION^{42, 43}

α-2 adrenoceptors (α2AR) are part of the large guanine nucleotide binding regulatory protein (G protein) coupled family of cell surface receptors.

There are 3 subtypes of alpha-2 receptors:

- α2A: mediate sedation, analgesia and sympatholysis.
- α2B: mediate vasoconstriction and possibly anti-shivering mechanisms.
- α2C: mediate startle response.

On stimulation of α2 adrenoceptor, the inwardly rectifying G1-protein-gated potassium channels are activated resulting in membrane hyperpolarization, decreasing the firing rate of excitable cells.

Another mechanism is the reduction of calcium conductance into cells, thus inhibiting neurotransmitter release. α2 receptors are located in the locus ceruleus, the predominant noradrenergic nucleus and site of origin for the descending medullospinal noradrenergic pathways in the brain. The hypnotic, sedative and analgesic effects of α2-adrenoceptor activation have been attributed to this site in the CNS.

α2 receptors are also found in the substantia gelatinosa of the dorsal horn of the spinal cord, when stimulated, inhibit the firing of nociceptive neurons stimulated by

peripheral A δ and C fibres and also inhibit the release of the nociceptive neurotransmitter substance P.

Dexmedetomidine is a highly selective α_2 agonist with a α_2 / α_1 selectivity ratio of 1600:1, which is eight times more potent than clonidine (200:1). It is more specific for α_2 A subtype which mediates sedation, analgesia and sympatholysis.

PHARMACOKINETICS

When administered intravenously it has a,

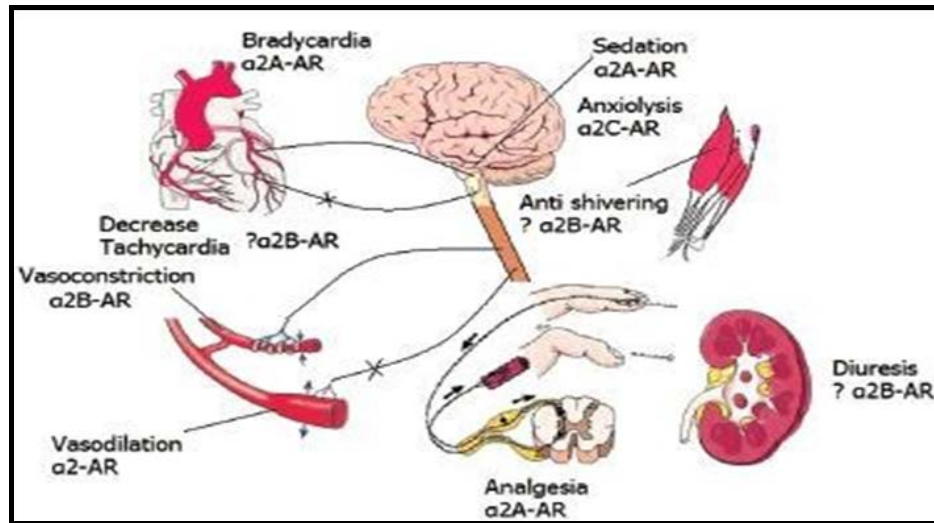
- Distribution half-life ($t_{1/2}$) of 6 min
- Terminal elimination half-life ($t_{1/2}$) of 2 hrs
- Steady-state volume of distribution (V_{ss}) of 118 litres
- Clearance of 15mL/kg/min
- Protein binding of 94%

METABOLISM

Dexmedetomidine is biotransformed in the liver to inactive metabolites, with 85% undergoing glucuronidation by UDP-glucuronyl transferase (UGT) and 15% by cytochrome P450 2A6. A very small fraction of dexmedetomidine is excreted unchanged in urine and feces.

PHARMACODYNAMICS

Figure 9: Physiology of various α_2 receptors



CARDIOVASCULAR:

The cardiovascular effects of dexmedetomidine are mediated via adrenoceptors in both the central and peripheral nervous systems result in sympatholysis. It has a biphasic blood pressure response, a short hypertensive and subsequent hypotensive response. The initial reaction can be explained by the peripheral α_2B -adrenoceptor stimulation of vascular smooth muscle and can be attenuated by a slow infusion over 10 or more minutes. The initial response lasts for 5 to 10 minutes and is followed by a decrease in blood pressure of approximately 10 to 20% below baseline and a stabilization of the heart rate, also below baseline values; both of these effects are caused by the inhibition of the central sympathetic outflow overriding the direct stimulating effects. Bradycardia and sinus arrest can occur which will respond to anticholinergics.

CENTRAL NERVOUS SYSTEM:

Dexmedetomidine reduces cerebral blood flow and cerebral metabolic rate of oxygen. Activation of the receptors in the brain and spinal cord inhibits neuronal firing causing analgesia, sedation and anxiolysis. Sedation mediated through the locus ceruleus closely mimics endogenous sleep.

It produces good degree of sedation, still patients are easily arousable. Dexmedetomidine does not affect intracranial or lumbar cerebrospinal fluid pressure or cerebral perfusion pressure.

When administered via the neuraxial route, it confers some analgesic and anti-nociceptive actions. Being highly lipophilic, dexmedetomidine is rapidly absorbed into CSF and binds to α_2A adrenoreceptors of dorsal horn of spinal cord. It prolongs the duration of both sensory and motor blockade caused by local anaesthetics.

RESPIRATORY SYSTEM:

Dexmedetomidine does not cause respiratory depression. Upper airway patency is maintained despite good sedation.

THERMOREGULATION:

Dexmedetomidine interferes with thermoregulation by diminishing shivering, vasoconstriction, and non-shivering thermogenesis. Dexmedetomidine attenuates shivering mediated via a dose dependent decrease in thermoregulatory vasoconstriction and shivering thresholds.

MISCELLANEOUS:

Activation of the α_2 receptors in other areas causes decreased salivation, decreased secretion, and bowel motility in the gastrointestinal tract; contraction of vascular and other smooth muscle; inhibition of renin release, increased glomerular filtration, and increased secretion of sodium and water in the kidney; decreased intraocular pressure; and decreased insulin release from the pancreas.

SIDE EFFECTS:

Side effects are due to its central α_2 adrenoreceptor agonist action. They include bradycardia hypotension sedation, nausea and vomiting.

ANTAGONIST:

All effects of dexmedetomidine could be antagonized easily by administering the α_2 -adrenoceptor antagonist atipamezole. It reverses sedation and sympatholysis and has a half-life of 1.5 - 2 h.

Supportive care may include atropine sulfate for bradycardia, intravenous fluids and/or vasopressors for hypotension and vasodilators for hypertension.

CLINICAL USES

1. Premedication:

Because of its anxiolytic, sedative, analgesic, sympatholytic and stable hemodynamic profile, it is a useful adjunct for premedication.

Dose: Oral- 3-4 $\mu\text{g}/\text{kg}$ 20 - 30 min prior.

Transmucosal /nasal -1 $\mu\text{g}/\text{kg}$ 45 min preoperatively.

Intravenous - 0.5 $\mu\text{g}/\text{kg}$ 15 min prior.

2. **Intraoperative uses:**

Dexmedetomidine attenuates hemodynamic stress response to laryngoscopy, intubation and extubation. It can be continued at extubation as it does not cause respiratory depression. It maintains upper airway patency despite good degree of sedation. This property makes it suitable for the management of the difficult airway. Fibre optic intubation can be done under an infusion of dexmedetomidine 2.5 µg/kg/h. Dexmedetomidine reduces the requirements of other anaesthetic agents and opioids.

In regional Anaesthesia:

Dexmedetomidine prolongs duration of both sensory and motor blockade of local anaesthetics irrespective of route of administration. Dexmedetomidine 1-2µg/kg when combined with bupivacaine 2.5% 1ml/kg for caudal analgesia, decreases the anaesthetic requirements, incidence of emergence agitation and the need for analgesics postoperatively in comparison with bupivacaine alone.

3. **Procedural sedation:**

Dexmedetomidine can be safely used for procedures like endoscopy, awake craniotomy and MRI. The dose is 1 µg/kg IV over 10 minutes followed by infusion 0.2µg/kg/hr.

4. **ICU sedation:**

Dexmedetomidine is suitable in ICU because it produces cooperative sedation; patients remain calm, arousable and can communicate.

METHODOLOGY

This study was conducted in S Nijalingappa Medical College and Hanagal Shri Kumareshwar Hospital and Research Centre, Navanagar, Bagalkot, from : 1st January 2013 to 31st December 2013.

This study included 60 children, of both genders, coming for various elective infra-umbilical surgical procedures such as herniotomy, orchidopexy, circumcision etc. Ethical clearance from institutional ethical committee was obtained. Informed consent was obtained from the parent before including the children in the study.

INCLUSION CRITERIA

- Age group of 6months-6 years.
- ASA grade 1 and 2.
- Children posted for infraumbilical surgeries.

EXCLUSION CRITERIA

- Parents not willing to participate in the study
 - ASA grade 3, 4 and 5.
 - Contraindications of epidural anesthesia-
1. Spine abnormalities.
 2. Hematological disease.
 3. Bleeding or coagulation test abnormalities.
 4. Local skin infection.
 5. Drug allergy.

PRE- ANAESTHETIC ASSESSMENT

All patients were visited on the pre-operative day and a detailed general physical examination, systemic examination including airway and spine examination was done. Baseline parameters like heart rate, blood pressure were noted. Relevant laboratory investigations were done. Informed consent was obtained from the parent. All children were secured appropriate size iv cannula, a day prior to surgery.

PRE-OPERATIVE FASTING:

Solid foods were restricted for 6 hours, breast milk for 4 hours and clear fluids for 2 hours prior to surgery.

SAMPLING PROCEDURE

Sample size was calculated using open Epi 2.3.1 version with 95% confidence interval,

$\alpha=0.05$ (level of significance) and Power $(1-\beta)$ of 80 %.

Sample size calculated in each group is 26 which was approximated to 30 in each group.

Patients fulfilling the inclusion criteria were selected for the study and randomly allocated to either Group A (n= 30, received caudal 1ml/kg of 0.25% bupivacaine with 1 μ /kg dexmedetomidine constituted to 1 ml) or Group B (n=30, received caudal 1ml/kg of 0.25% bupivacaine with 0.5 μ / kg dexmedetomidine constituted to 1ml) by computer generated random table.

All patients and their parents were blinded to the caudal medications administered. All medications were prepared by anesthesiologists not participating in the study except for preparing the drugs. The anesthesiologist who administered anaesthesia also monitored the patient peri-operatively and was unaware of the study drug.

EQUIPMENT

- A tray containing sterile towel, bowl, betadine solution, spirit, swabs, sponge holding forceps.
- 23 G hypodermic needle.
- Drugs: bupivacaine 0.25% vial, dexmedetomidine 100µg/ml ampule, propofol for infusion.
- 10 ml, 2ml (for whoosh test) and 1ml (for dexmedetomidine dilution) syringes, normal saline for dilution.
- 20ml syringe and 100cm extension for propofol infusion
- Infusion pump
- Appropriate size airways and masks.
- Working laryngoscope, appropriate size blades.
- Jackson Rees circuit.
- Suction apparatus.
- Drugs necessary for resuscitation were kept ready.

PRE-MEDICATION:

All patients were pre-medicated with syrup midazolam 0.8mg/kg, 30 min prior to induction.

PROCEDURE

After adequate sedation child will be separated from parents. Inside operation theatre SPO₂, NIBP, ECG monitors were attached. After starting O₂ by simple mask all patients were induced with Inj propofol 2mg/kg and then intravenous infusion of 100µ/kg/min was started and maintained on spontaneous respiration. An infusion of Ringer Lactate was started and was administered according to the calculated requirements. Patient heart rate, oxygen saturation and blood pressure were recorded every 5 minutes from starting to the end of procedure.

CAUDAL BLOCK

Patient was placed in the left lateral position, vitals and adequacy of respiration were checked. Under strict aseptic conditions, sacral hiatus was identified by running the thumb up from coccyx towards the sacrum. After identifying the sacral hiatus, a 23 G hypodermic needle with its bevel facing anteriorly was inserted at an angle of 60-70° to the skin till the sacro-coccygeal membrane was pierced, when a distinct “pop” was felt. The needle was now lowered to an angle of 20° and advanced 2-3 mm to make sure that the entire bevel was inside the space. Confirmation of the needle point being in the epidural space was done with the “whoosh” test . After negative aspiration for blood and CSF, to rule out intravascular or subarachnoid placement of needle the study drug was injected according to the group allocated.

After injection was complete, the needle was removed and the child was placed in supine position.

Figure 10: Technique of caudal block

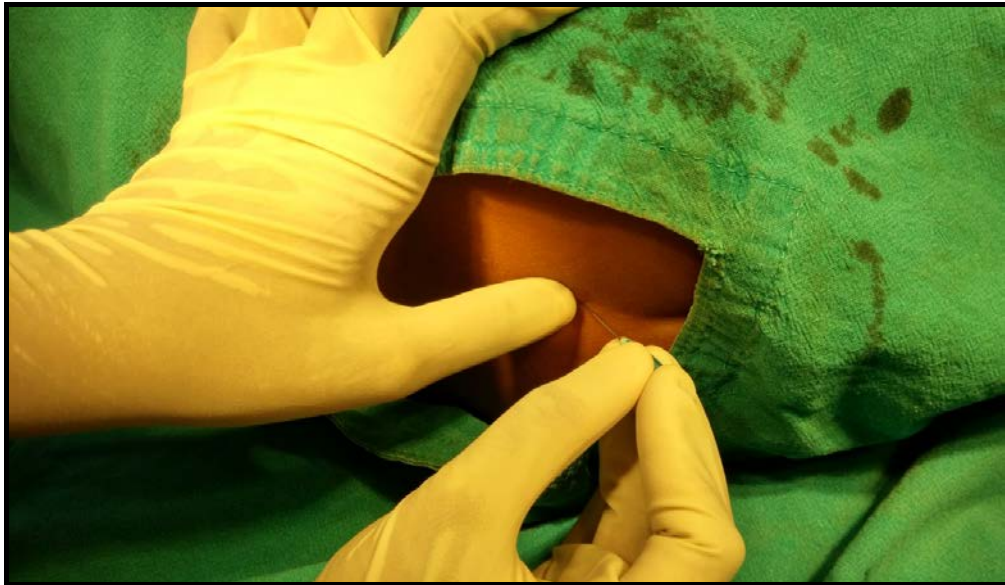
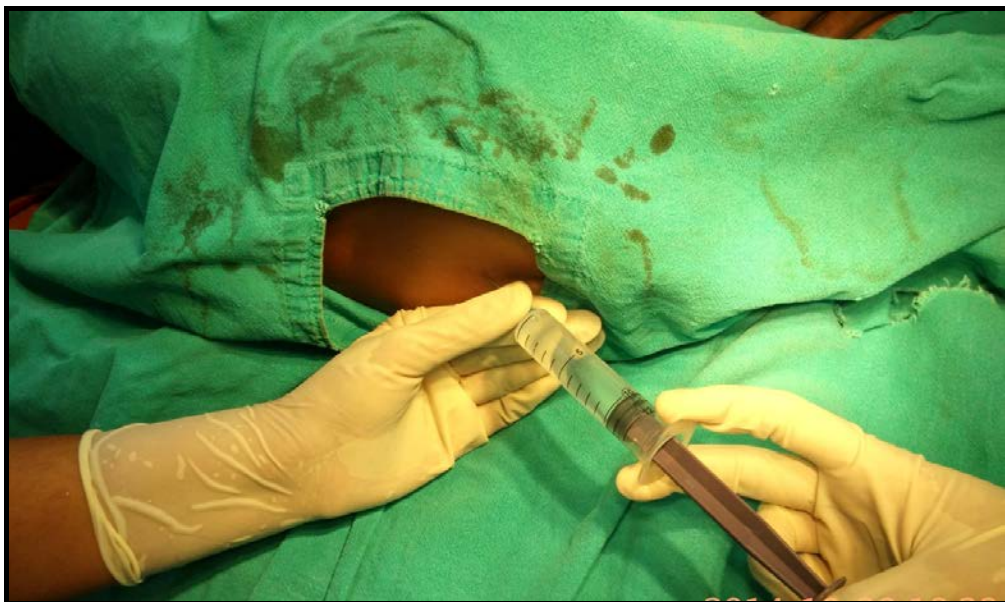


Figure 11: Caudal injection of drug



The block was deemed as successful if there is absence of gross movement of limbs to painful stimulus and when increase in heart rate or systolic arterial pressure in response to skin incision was $\leq 20\%$.⁴⁴

No analgesia was given by any route intraoperatively. Failed caudal block cases were excluded from the study.

Towards the end of surgery propofol infusion was stopped and the duration of surgery and time of recovery from propofol was noted. Bolus intravenous propofol 1mg/kg is given as and when required during intraoperative period to maintain Ramsay sedation score 4 or 5. Number of boluses required intraoperatively were noted.

Ramsay's sedation score¹¹

1. Anxious and agitated or restless, or both.
2. Co-operative, oriented, and calm.
3. Responsive to commands only.
4. Exhibiting a brisk response to light glabellar tap or loud auditory stimulus.
5. Exhibiting a sluggish response to light glabellar tap or loud auditory stimulus
6. Unresponsive.

Intraoperatively any adverse effects such as bradycardia(Heart rate <80bpm for age < 1yr and <60bpm for ages > 1yr) were noted and treated with 20µ/kg of Inj Atropine and hypotension (defined as systolic arterial pressure 70 plus twice the age in years and associated with altered peripheral perfusion) were noted and treated with fluid boluses.¹⁶

Once the vitals were stable and the child was awake, the child was shifted to post operative recovery room and was monitored for heart rate , non- invasive blood pressure, oxygen saturation and pain score using modification of the objective pain scale by Hannallah and colleagues every 15 minutes for first 2 hours and there after every 30 minutes until the requirement of first rescue analgesia, time of which was noted.

Duration of first rescue analgesia is defined as the time interval between the administration of caudal block and the first requirement of rescue analgesia postoperatively.

Pain scoring (modification of the objective pain scale by Hannallah and colleagues),⁴⁵

OBSERVATION	CRITERIA	POINTS
Crying	No crying	0
	Crying but responds to TLC	1
	Crying not responding to TLC	2
Movement	None	0
	Restlessness	1
	Thrashing	2
Agitation	Asleep/ calm	0
	Mild	1
	Hysterical	2

TLC- Tender Loving Care

Pain defined by pain score >3 points

When the pain score was >3 rescue analgesia was given with fentanyl $1\mu\text{g}/\text{kg}$, and duration was noted. Any episodes of hypotension or bradycardia and adverse effects like postoperative vomiting etc.. in the postoperative period were noted.

STATISTICAL ANALYSIS

Statistical analysis was done using SPSS software version 11.0. All the values are expressed as mean \pm SD .Unpaired t test was applied to know the difference between 2 groups in quantitative data. Chi- square test was applied for proportions and qualitative data. $P<0.05$ was considered as statistically significant

RESULTS

A total of 60 subjects of ASA grade 1 and 2 , aged 6 months to 6 yrs were enrolled in this study . They were divided into 2 groups randomly ,

Group A, n= 30 received caudal 1ml/kg of 0.25% bupivacaine with 1 μ /kg dexmedetomidine.

Group B, n=30 received caudal 1ml/kg of 0.25% bupivacaine with 0.5 μ / kg dexmedetomidine.

DEMOGRAPHIC DATA

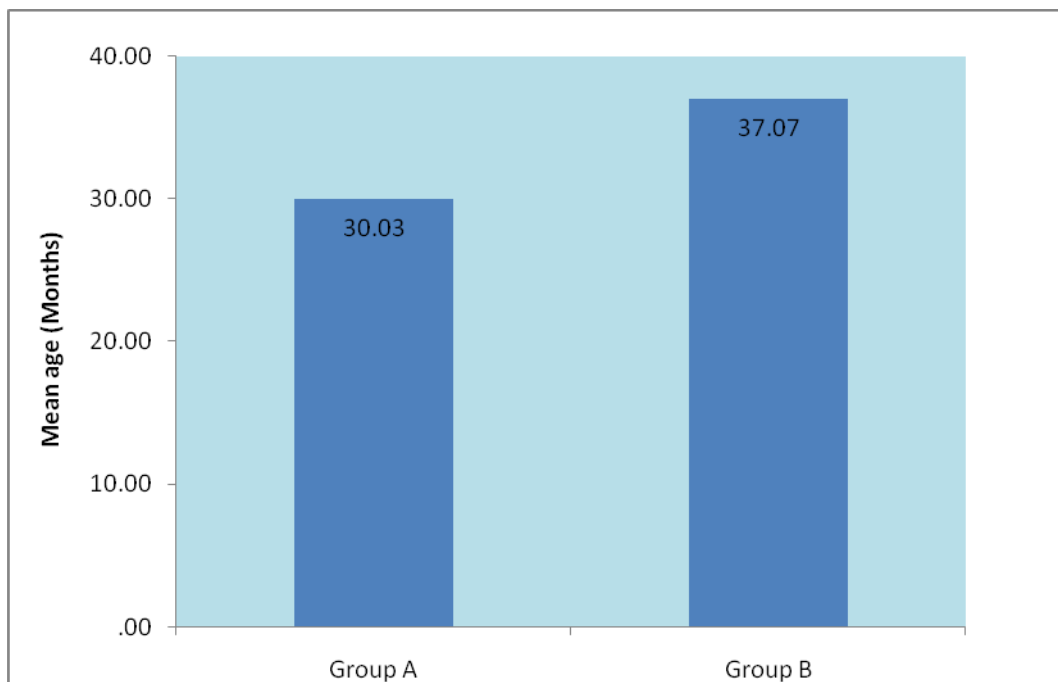
AGE

Mean age in months of group A was 30.03 ± 15.38 and group B was 37.07 ± 16.17 months . The two groups did not differ significantly with respect to their age.

Table 1: Mean age of patients

GROUP	MEAN AGE (IN MONTHS)	STANDARD DEVIATION	p- VALUE	STATISTICAL SIGNIFICANCE
A	30.03	15.38	0.090	NS
B	37.07	16.17		

Graph 1 : Mean age of patients



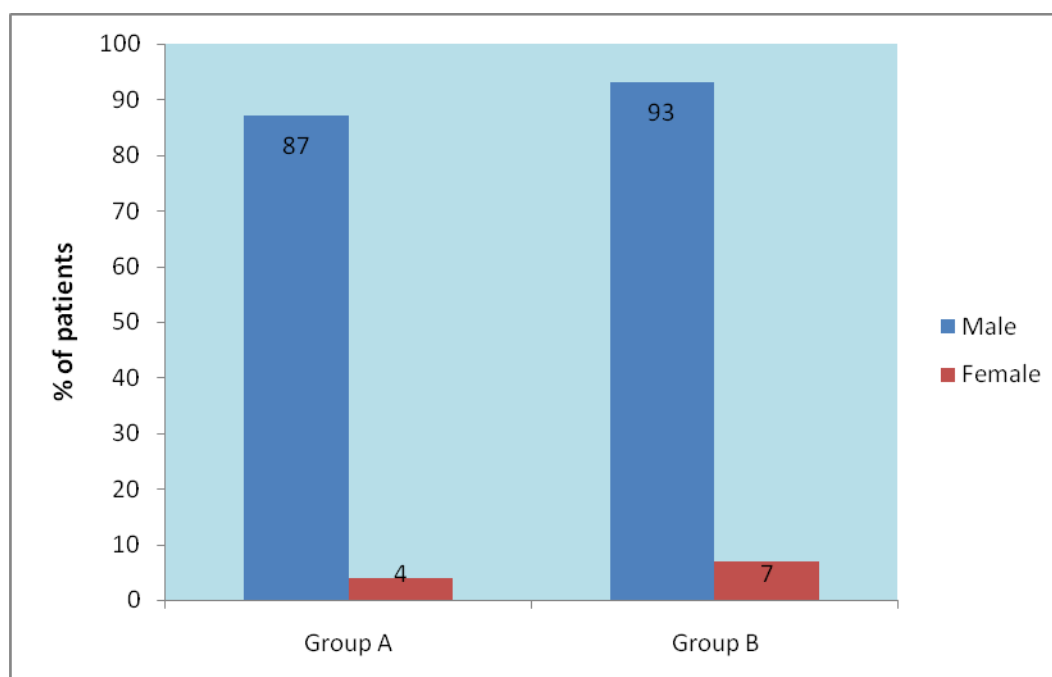
SEX DISTRIBUTION

Table 2: Sex distribution

Gender	Group A (n%)	Group B (n%)	p- Value	Statistical significance
Male	26 (87)	28 (93)	0.39	NS
Female	4 (13)	2 (7)		
Total	30 (100)	30 (100)		

In group A there were 26 (87%) males and 4 (13%) females. Group B had 28 (93%) males and 2 (7%) females. The groups were comparable with respect to sex distribution.

Graph 2: Sex distribution



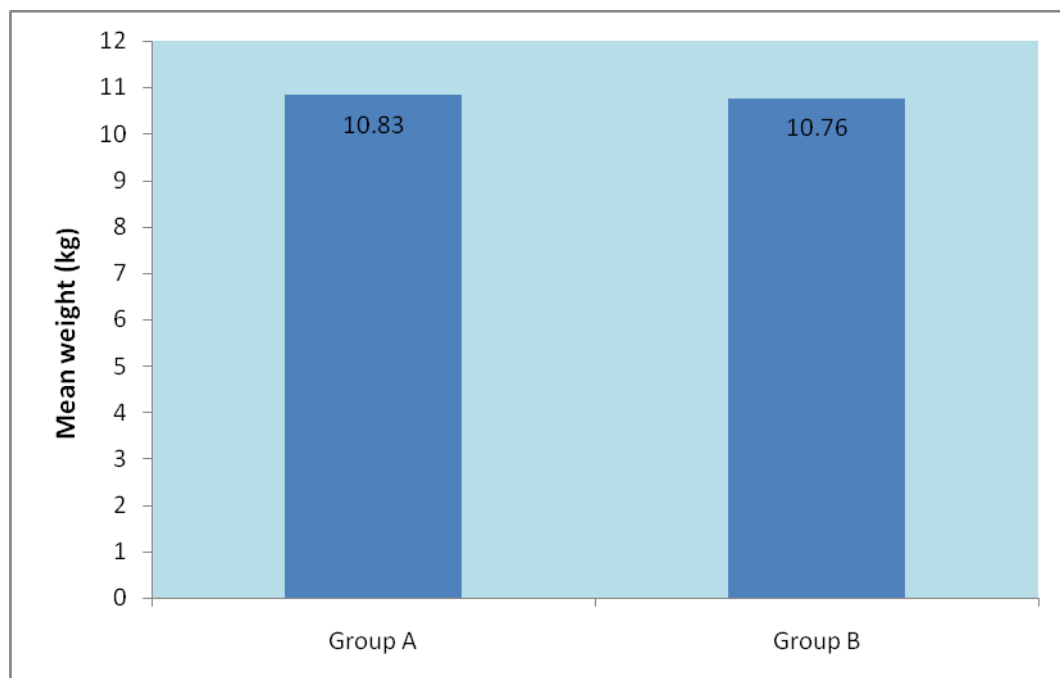
Mean Weight

Table 3: Mean weight of patients

Group	Mean Weight(kg)	Standard deviation	p- value	Statistical significance
A	10.83	3.03	0.92	NS
B	10.76	2.86		

The mean weight of the children in group A was 10.83 ± 3.03 kg. In group B the mean weight of the children was 10.76 ± 2.86 kg. The two groups did not differ significantly with respect to weight.

Graph 3: Mean weight of patients



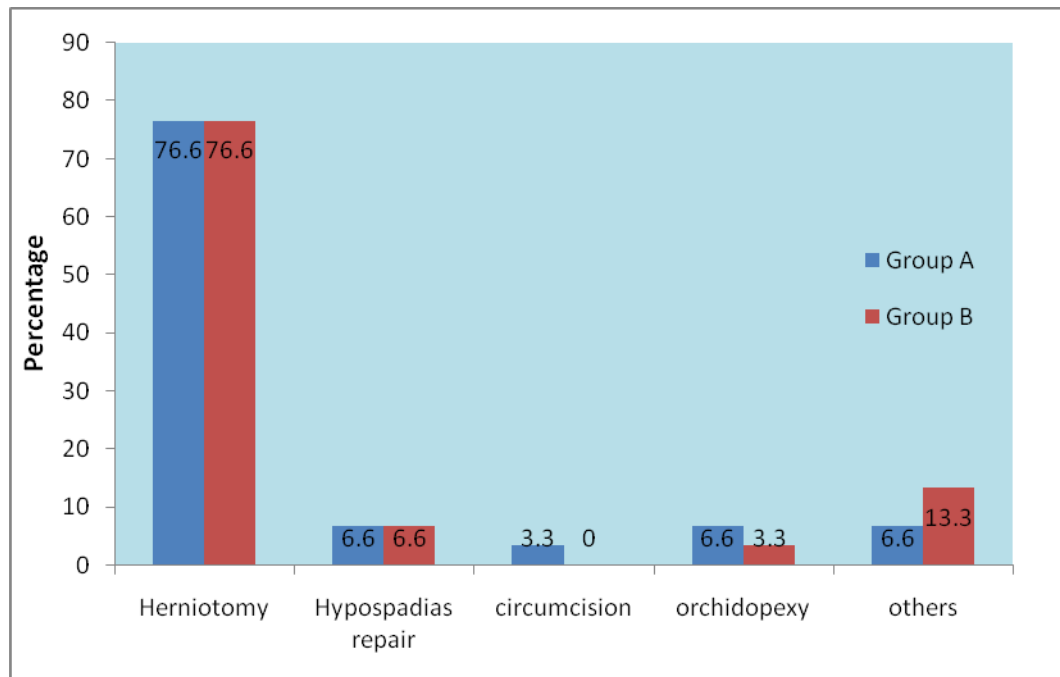
SURGICAL PROCEDURES

Table 4: Types of surgical procedures

Surgery	Group A (n%)	Group B (n%)
Herniotomy	23 (76.6)	23 (76.6)
Hypospadias repair	2 (6.6)	2 (6.6)
Circumcision	1 (3.3)	0
Orchidopexy	2 (6.6)	1 (3.3)
Others	2 (6.6)	4 (13.3)
Total	30 (100)	30 (100)

The different surgical procedures performed during the study in the two groups are shown in table and graph. In our study, herniotomy accounted for around 75 % of cases, 23 (76.66%) in both the groups. Hypospadias repair done for 2cases (6.6%) in both groups. Circumcision was done in 2(6.6%) cases in group A only, while orchidopexy accounted for 2(6.6%) cases and 1(3.3%) group A and group B respectively. Other cases like anorectal cases, cement bead removal from femur and cystoscopy constituted 2 (6.6%) and 4 (13.3%) in group A and B respectively.

Graph 4: Types of surgical procedures



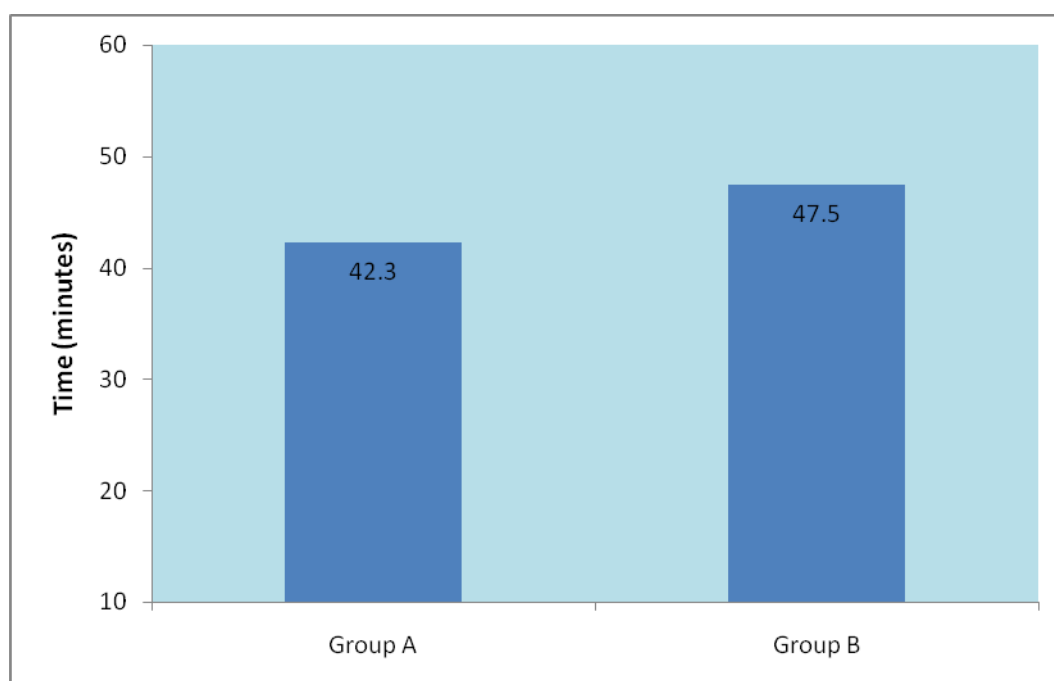
DURATION OF SURGERY

The mean duration of surgery was 42.3 ± 31.6 minutes and 47.5 ± 34.31 minutes in Group A and Group B respectively which was statistically not significant.

Table 5: Mean duration of surgery

Group	Mean Duration (minutes)	Standard deviation	p- value	Statistical significance
A	42.3	31.6	0.54	NS
B	47.5	34.3		

Graph 5: Mean duration of surgery



INTRAOPERATIVE HEMODYNAMIC VARIATIONS

CHANGES IN HEART RATE

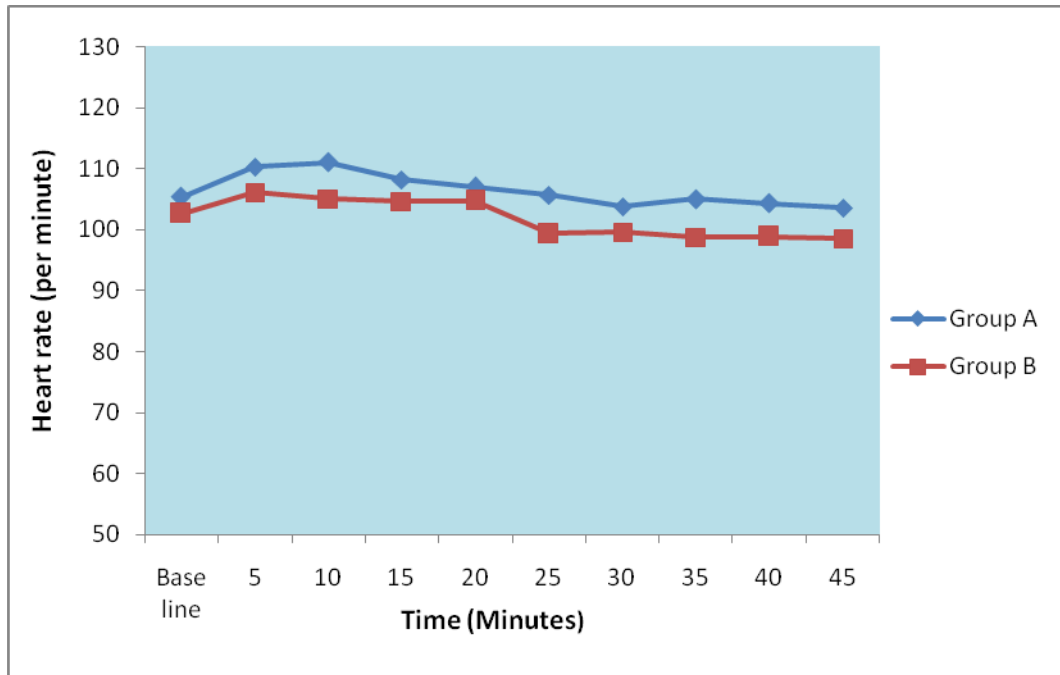
Table 6 : Changes in intraoperative Heart rate

Time interval (minutes)	Group A Mean \pmSD	Group B Mean \pmSD	p- value	Statistical significance
Base line	105.4 \pm 9.4	102.6 \pm 13.3	0.35	NS
5	110.3 \pm 11.1	106.1 \pm 15.5	0.23	NS
10	111 \pm 14.2	105 \pm 14.9	0.11	NS
15	108.2 \pm 14.2	104.7 \pm 0.3	0.36	NS
20	107 \pm 13.2	104.7 \pm 23.1	0.64	NS
25	105.7 \pm 14	99.3 \pm 14.3	0.08	NS
30	103.8 \pm 12.7	99.6 \pm 14.2	0.23	NS
35	105 \pm 12.9	98.7 \pm 14.6	0.87	NS
40	104.2 \pm 12.4	98.8 \pm 14.6	0.13	NS
45	103.6 \pm 11.4	98.5 \pm 15.3	0.15	NS

In group A, the mean baseline heart rate was 105.4 \pm 9.4 per minute which increased to 110.3 \pm 11.1 at 5min. The heart rate gradually decreased to 103.8 \pm 12.7 per minute at 30 minutes. The mean baseline heart rate in group B was 102.6 \pm 13 per minute which increased to 106.1 \pm 15.5 at 5 minutes and gradually decreased to 99.3 \pm 14.3 at 25 minutes and remained so till 45 minutes.

However, there was no significant difference in the heart rate between the two groups at any time interval.

Graph 6: Changes in intraoperative Heart rate



CHANGES IN SYSTOLIC BLOOD PRESSURE

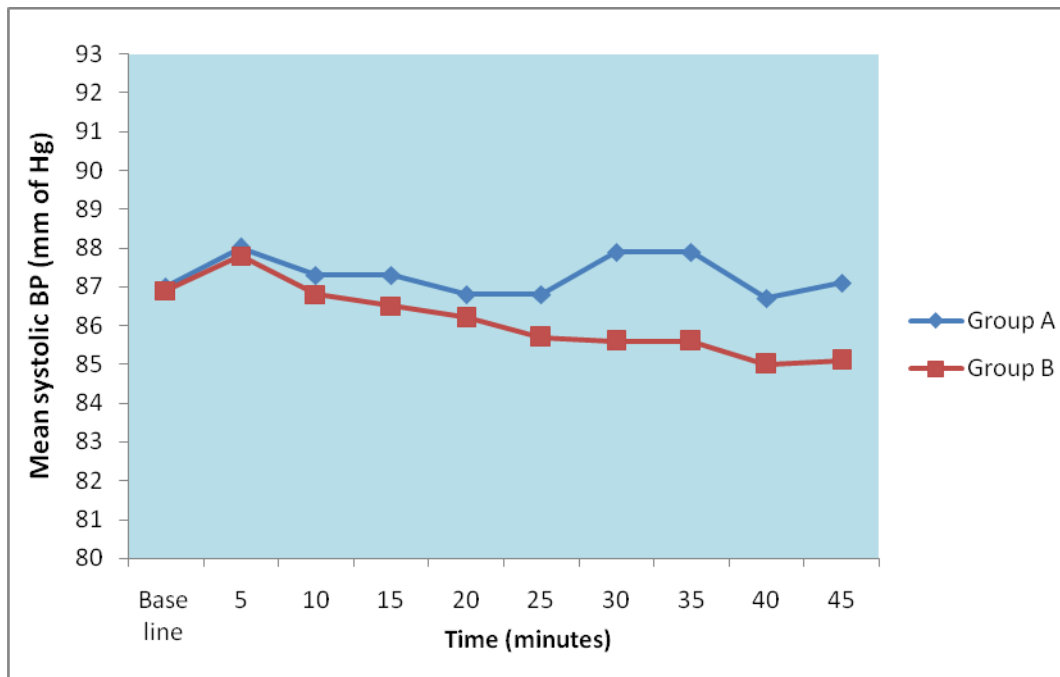
Table 7: Changes in intraoperative Systolic blood pressure

Time interval (minutes)	Group A Mean \pmSD	Group B Mean \pmSD	p- value	Statistical significance
Base line	87 \pm 8.8	86.9 \pm 10.3	0.98	NS
5	88.1 \pm 9.2	87.8 \pm 11	0.9	NS
10	87.3 \pm 9.7	86.8 \pm 8.3	0.84	NS
15	87.3 \pm 8.9	86.5 \pm 7.8	0.72	NS
20	86.8 \pm 9.1	86.2 \pm 7.6	0.77	NS
25	86.8 \pm 9.4	85.7 \pm 8.3	0.64	NS
30	87.9 \pm 9	85.6 \pm 8.2	0.32	NS
35	87.9 \pm 8.5	85.6 \pm 8.4	0.29	NS
40	86.7 \pm 8.2	85 \pm 7.3	0.4	NS
45	87.1 \pm 7.3	85.1 \pm 7.6	0.3	NS

The mean baseline systolic blood pressure was 87 \pm 8.8 mm Hg in group A and was maintained around 87.1 \pm 7.3mm of Hg till 45 minutes.

In group B, the mean baseline systolic blood pressure was 86.9 \pm 10.3 mm Hg, which was also maintained around 85.1 \pm 7.6 mm of Hg till 45 minutes. There was no significant difference in Mean Systolic BP between the two groups at any time interval.

Graph 7: Changes in intraoperative Systolic blood pressure



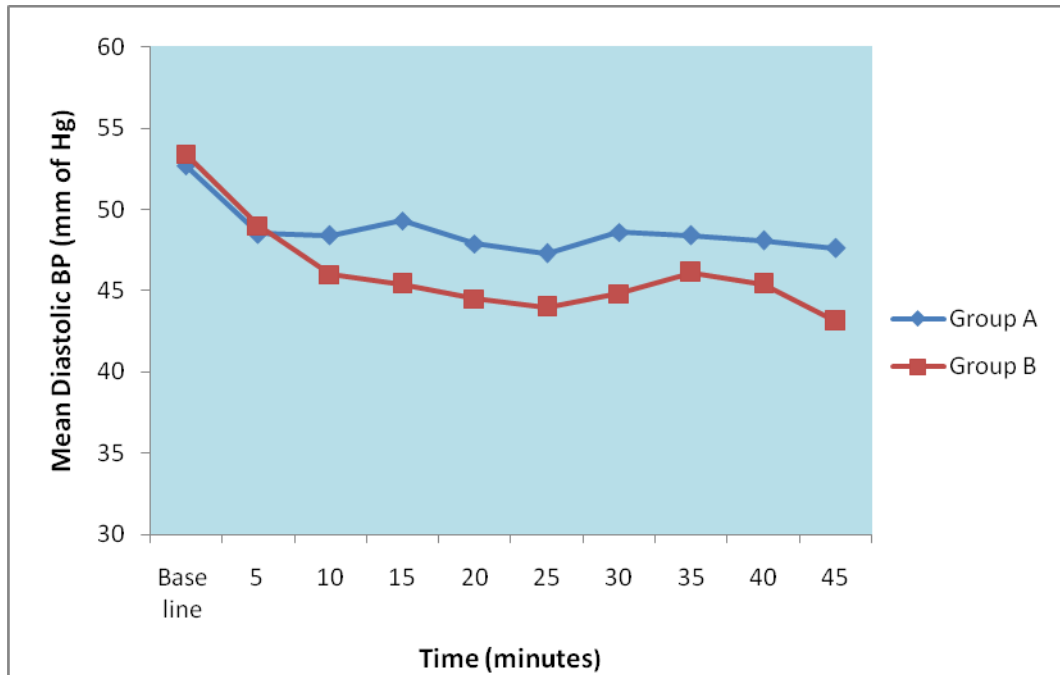
CHANGES IN DIASTOLIC BLOOD PRESSURE

Table 8: Changes in intraoperative Diastolic blood pressure

Time interval (minutes)	Group A Mean \pmSD	Group B Mean \pmSD	p- value	Statistical significance
Base line	52.7 \pm 7.4	53.4 \pm 6.6	0.73	NS
5	48.5 \pm 8.7	49 \pm 7.7	0.81	NS
10	48.4 \pm 9.2	46.7 \pm 8	0.45	NS
15	49.3 \pm 11.1	45.4 \pm 5.8	0.09	NS
20	47.9 \pm 9.1	44.5 \pm 7.3	0.11	NS
25	47.3 \pm 10.8	44 \pm 8.7	0.19	NS
30	48.6 \pm 9.7	44.8 \pm 8.8	0.11	NS
35	48.4 \pm 8.6	46.1 \pm 8.4	0.32	NS
40	48.1 \pm 8.0	45.4 \pm 9	0.23	NS
45	47.6 \pm 8.3	43.1 \pm 11.6	0.09	NS

The baseline diastolic blood pressure in group A was 52.7 \pm 7.4 mm Hg where as in group B, it was 53.4 \pm 6.6 mm Hg, which is statistically not significant. It gradually decreased to 47.9 \pm 9.1 mm Hg in group A and 44.5 \pm 7.3 mm of Hg in group B at 20 minutes , then it was maintained in the same range in both the groups without significant increase or decrease in pressure and there was no significant difference in between the two groups at any time interval.

Graph 8: Changes in intraoperative Diastolic blood pressure



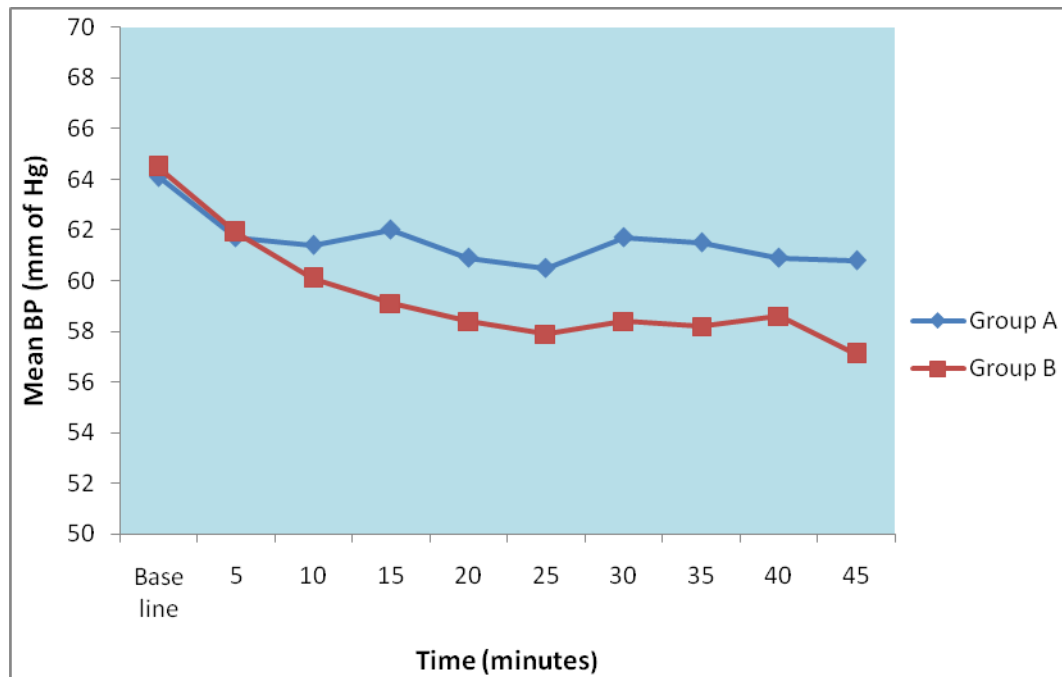
CHANGES IN MEAN ARTERIAL PRESSURE

Table 9: Changes in intraoperative Mean arterial pressure

Time interval (minutes)	Group A Mean \pmSD	Group B Mean \pmSD	p- value	Statistical significance
Base line	64.1 \pm 8.1	64.5 \pm 8.4	0.84	NS
5	61.7 \pm 8.3	61.9 \pm 8.1	0.91	NS
10	61.4 \pm 9	60.1 \pm 6.7	0.53	NS
15	62 \pm 10.1	59.1 \pm 5.6	0.17	NS
20	60.9 \pm 8.9	58.4 \pm 6.1	0.21	NS
25	60.5 \pm 10	57.9 \pm 7.7	0.27	NS
30	61.7 \pm 9.1	58.4 \pm 7.7	0.13	NS
35	61.5 \pm 8.1	58.2 \pm 8.8	0.14	NS
40	60.9 \pm 7.5	58.6 \pm 7.5	0.23	NS
45	60.8 \pm 7.4	57.1 \pm 8.7	0.08	NS

The base line mean arterial blood pressure was 64.1 \pm 8.1mm of Hg in Group A and 64.5 \pm 8.4mm of Hg in Group B was gradually decreased to 60.5 \pm 10mm of Hg and 57.9 \pm 7.7 in Group A and Group B respectively at 25minutes and then it was maintained around the same till 45 minutes. There was no statistically significant difference of values between both the groups at any point of time.

Graph 9: Changes in intraoperative Mean arterial pressure



INTRAOPERATIVE COMPLICATIONS

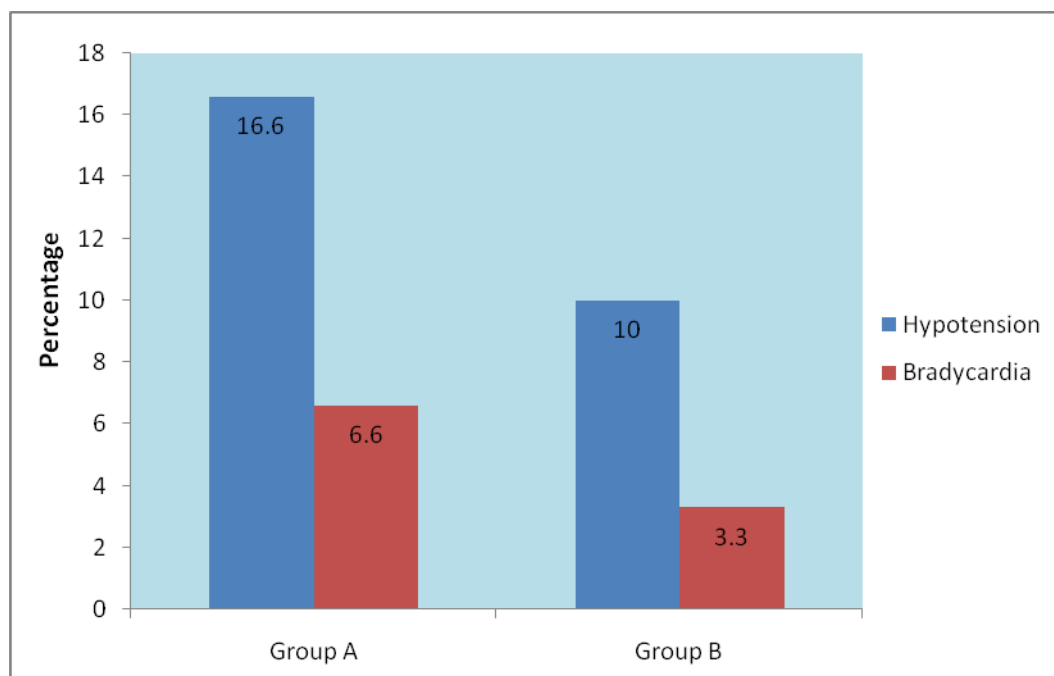
The incidence of intraoperative hypotension requiring fluid bolus was seen in 5(16.6%) and 3(10%) children in group A and group B respectively. This was not statistically significant.

Bradycardia requiring administration of atropine was seen in 2 (6.6%) and 1 (3.3%) of cases in group A and B respectively which was not statistically significant.

Table 10: Incidence of intraoperative complications

Complication	Group A (n%)	Group B (n%)	Chi square value	p- value	Statistically significance
Hypotension	5 (16.6%)	3 (10%)	0.57	0.44	NS
Bradycardia	2 (6.6%)	1 (3.3%)	0.35	0.55	NS

Graph 10: Incidence of intraoperative complications



REQUIREMENT OF BOLUS PROPOFOL

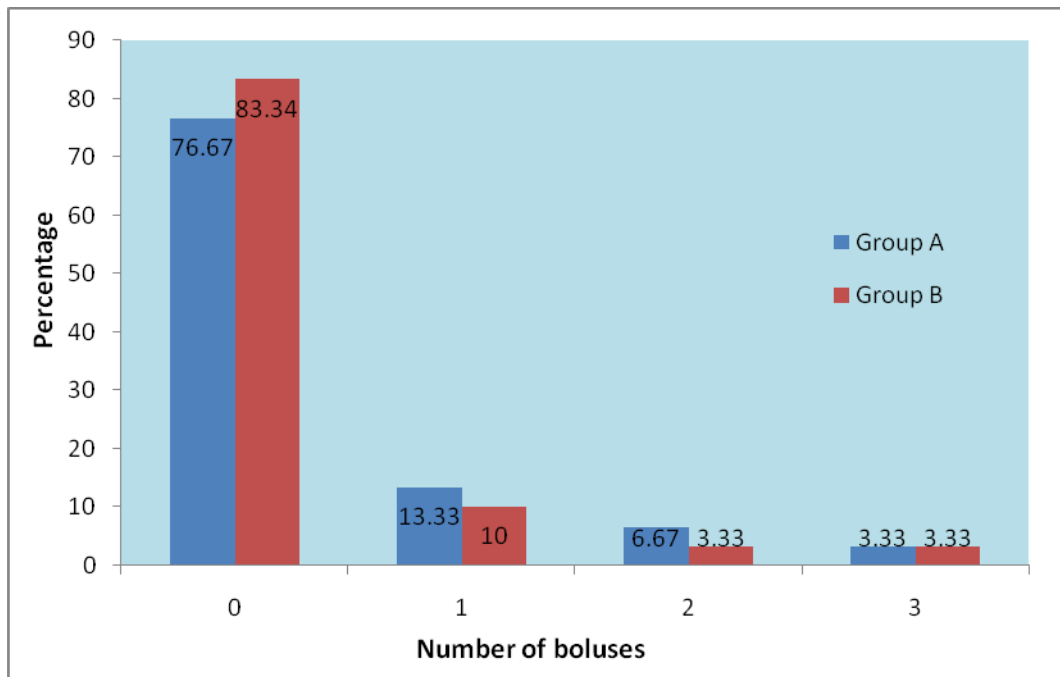
Table 11: Requirement of bolus propofol

Bolus propofol (number of boluses)	Group A (number of patients) (n %)	Group B (number of patients) (n %)
0	23 (76.67)	25 (83.34)
1	4 (13.33)	3 (10)
2	2 (6.66)	1 (3.33)
3	1 (3.33)	1 (3.33)
Total	30 (100%)	30 (100%)

Chi square- 0.20, p- value- 0.97

During surgery, 23 (76.67%) patients in group A and 25 (83.34 %) patients did not require any propofol boluses. But 4 (13.33%) patients and 3(10%) patients in group A and group B respectively required 1 bolus whereas 2 (6.66%)patients in group A and 1(3.33%) patients required 2 boluses and 1 (3.33%) patient in both group A and group B required 3 boluses to maintain a Ramsey sedation score of 4 or 5 . There was no statistically significant difference in the requirement of boluses among both groups.

Graph 11: Requirement of bolus propofol



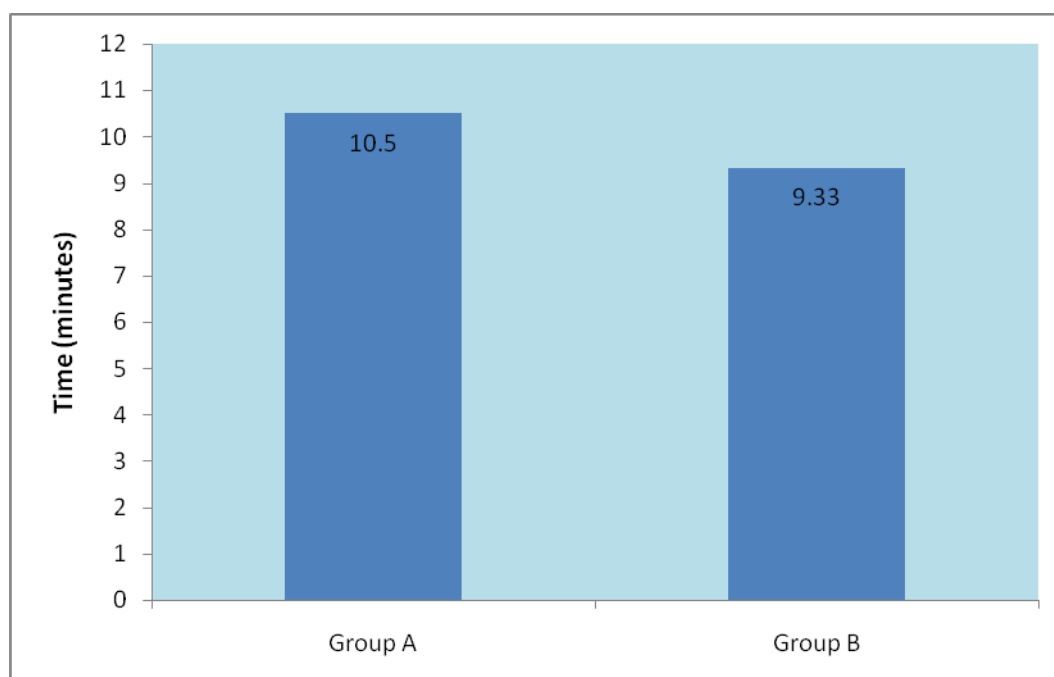
MEAN DURATION OF RECOVERY

Duration of recovery from anaesthesia following discontinuing propofol infusion was 10.50 ± 3.83 minutes in group A and 9.33 ± 3.99 minutes in group B, which was statistically not significant.

Table 12: Mean duration of recovery

Group	Mean duration (minutes)	Standard deviation	p- value	Statistical significance
A	10.5	3.83	0.25	NS
B	9.33	3.99		

Graph 12: Mean duration of recovery



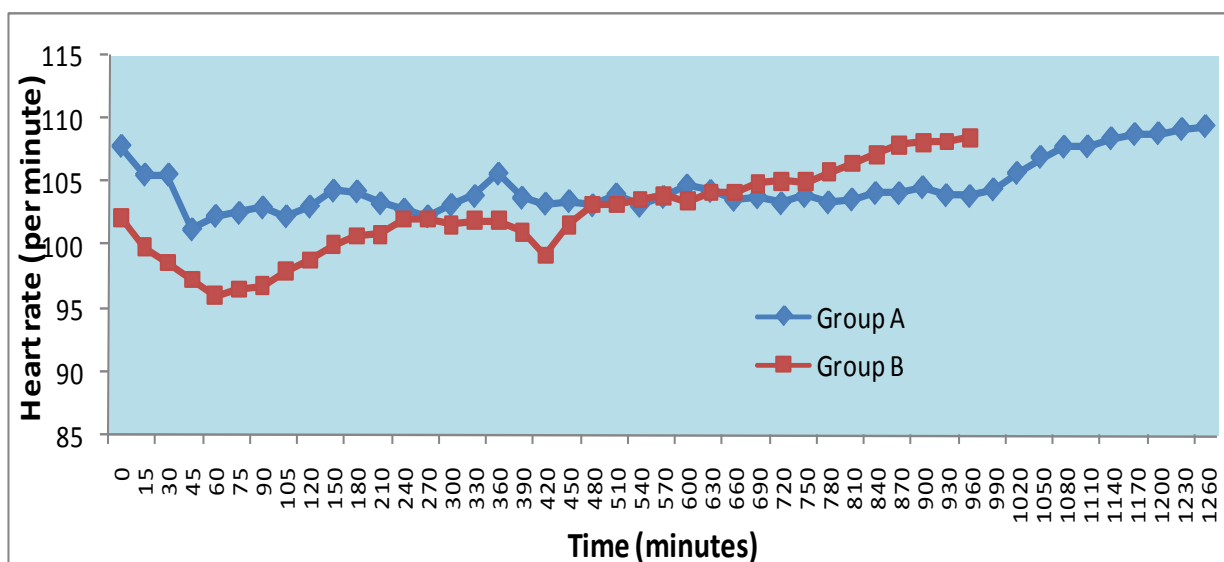
POST-OPERATIVE HEMODYNAMIC VARIATIONS

POST-OPERATIVE CHANGES IN HEART RATE

Post-operatively patient was monitored for every 15 minutes in the first 2hrs and thereafter every 30 minute till the requirement of rescue analgesia. Results were compared among both the groups.

Postoperatively when both the groups mean heart rate were compared, though there was increase in heart rate in group B due to pain it was not statistically significant difference at any point of time.

Graph 13: Changes in postoperative Heart rate

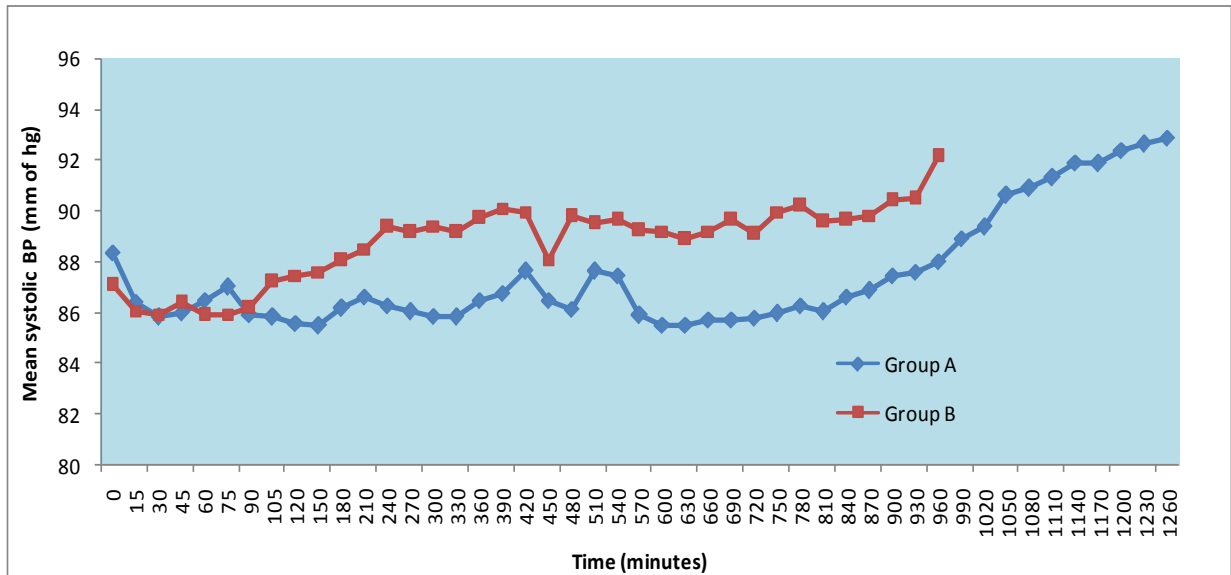


POST-OPERATIVE CHANGES OF BLOOD PRESSURE

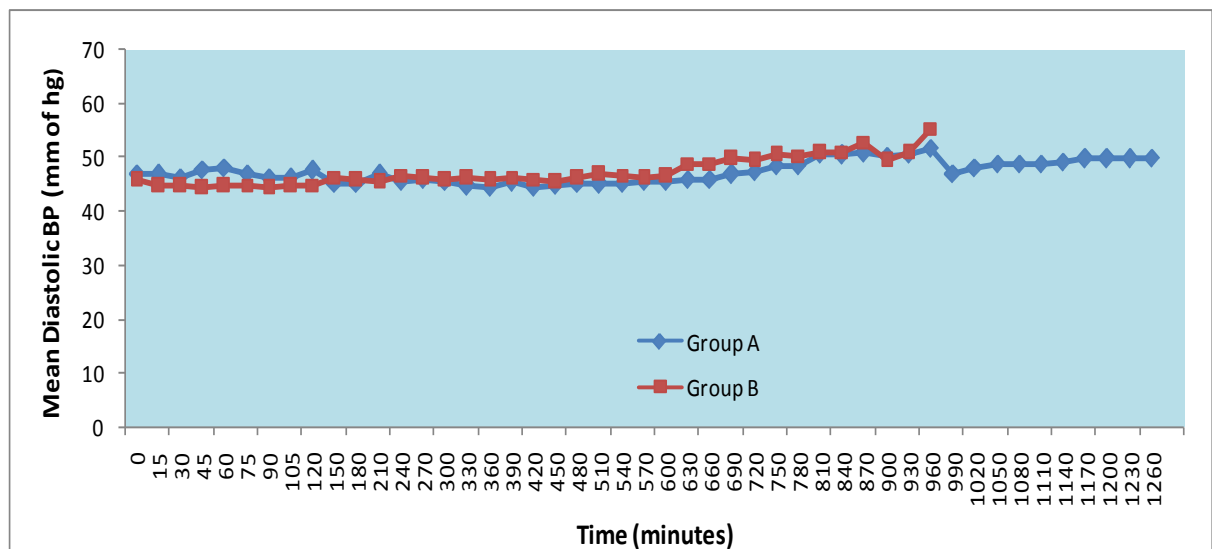
When the mean systolic, diastolic and mean arterial blood pressure was compared in group A and group B there was no statistically significant changes of blood pressure was seen at any point of time except at the time of requirement of rescue analgesia in group B when compared to group A.

Mean changes in systolic, diastolic and mean arterial blood pressure are shown in the graphs below.

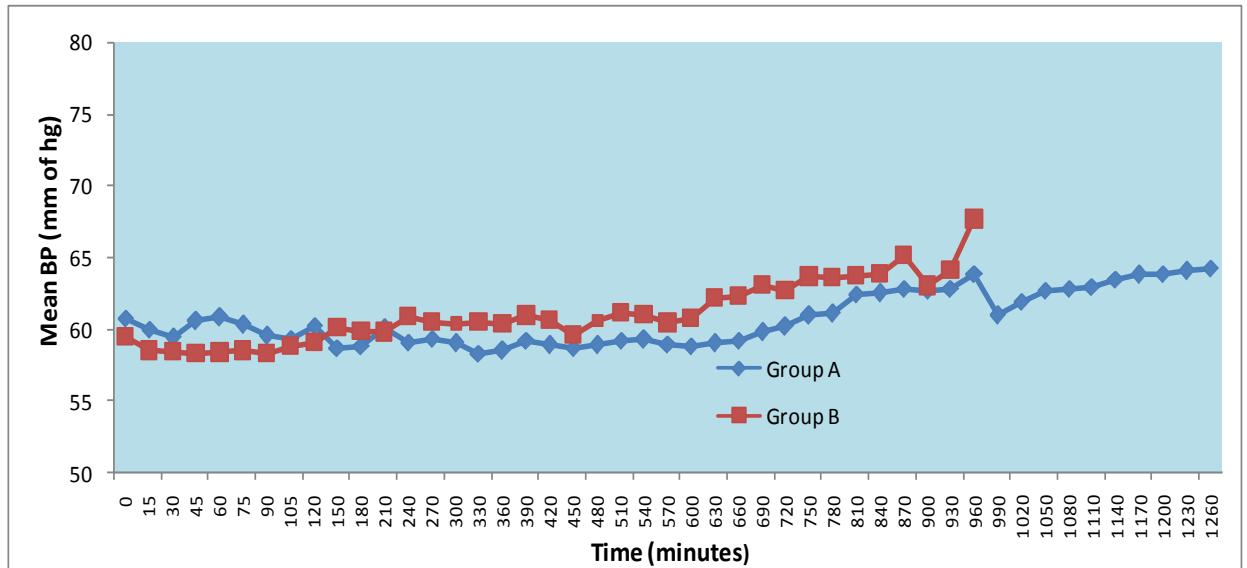
Graph 14: Changes in postoperative Systolic blood pressure



Graph 15: Changes in postoperative Diastolic blood pressure



Graph 16: Changes in postoperative Mean arterial pressure



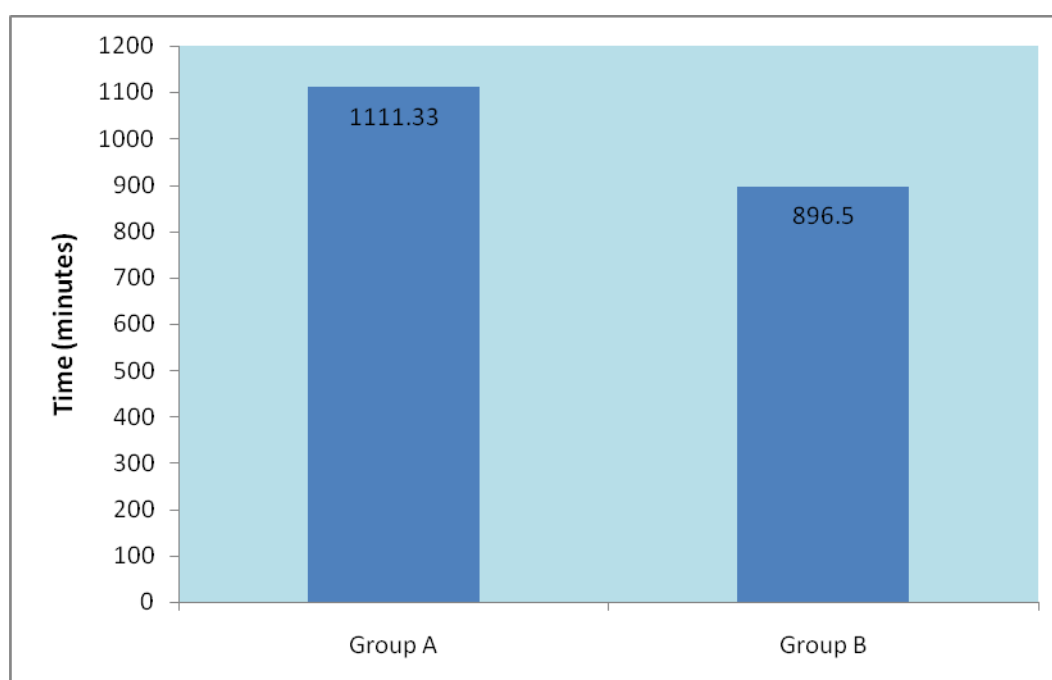
DURATION OF ANALGESIA

The total mean duration of analgesia in group A was 1111.33 ± 74.9 minutes with a range of 990 – 1260 minutes, while in group B, it was 896.5 ± 40.8 minutes with a range of 830 – 995 minutes. This difference between the two groups is highly significant .

Table 13: Mean duration of analgesia

Group	Mean duration of analgesia	Standard deviation	p- value	Statistical significance
A	1111.33	74.9	0.0001	Significant
B	896.5	40.8		

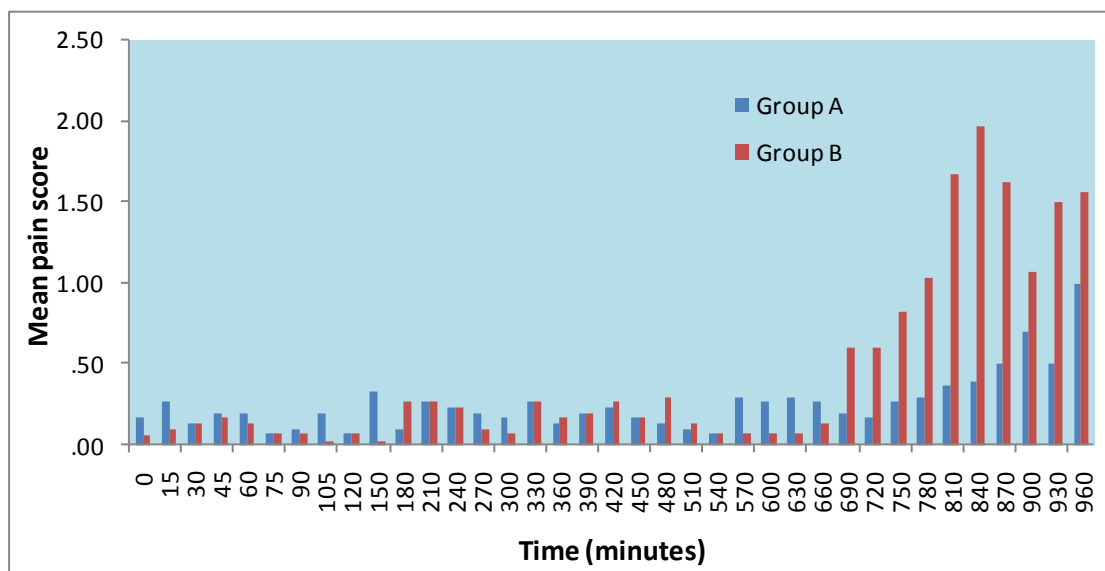
Graph 17 : Mean duration of analgesia



MEAN PAIN SCORE

When mean pain scores (assessed by objective pain scale modified Hanallah pain scale) between the 2 groups were compared in postoperative period scores were comparable in groups till 660 min but later the mean pain scores were higher in group B in compared to group A from 660 min to the time of rescue analgesia (when score >3) , which was statistically significant.

Graph 18: Mean pain scores



POST-OPERATIVE COMPLICATIONS

Table 14: Incidence of postoperative complications

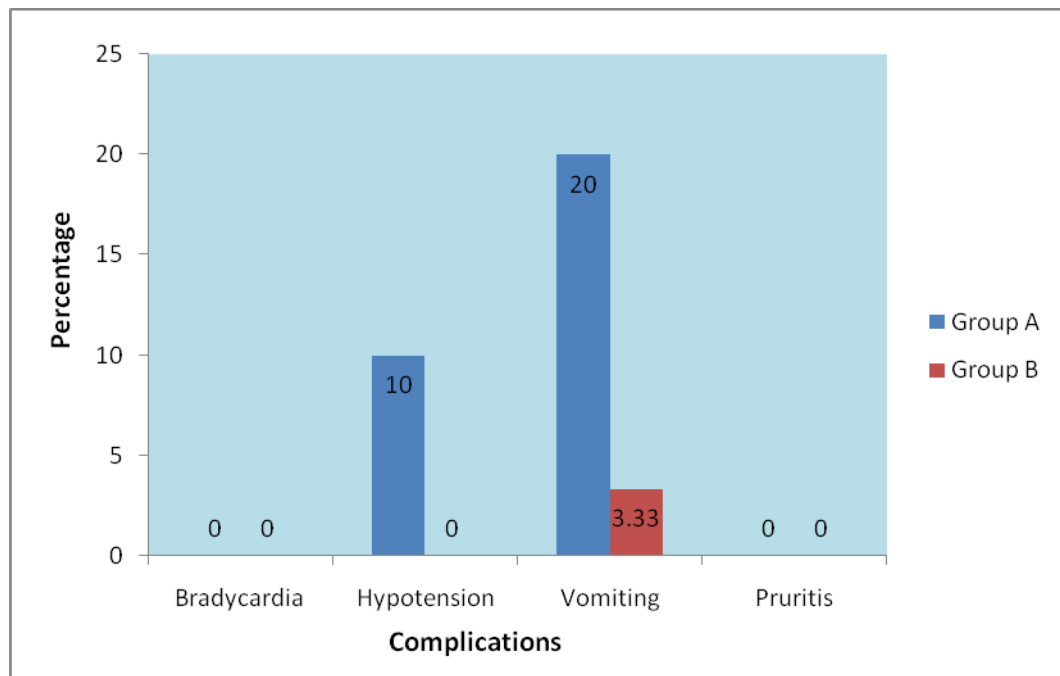
Complication	Group A (n%)	Group B (n%)	Chi square value	p- value	Statistical significance
Bradycardia	0	0	-	-	-
Hypotension	3 (10%)	0	3.05	0.08	NS
Vomiting	6 (20%)	1 (3.33)	4.04	0.04	Statistical significant
Pruritis	0	0	-	-	-

In the postoperative period 3(10%) patients in group A had hypotension but no case had hypotension in group B and it was statistically not significant.

Postoperative vomiting was seen among 6 (20%) patients in group A and 1 (3.33%) patient in group B which was statistically significant as p value was <0.05.

None of the patients had bradycardia, pruritis or any other complications in both the groups.

Graph 19: Incidence of postoperative complications



DISCUSSION

Historically it was believed that children do not feel pain and it was dangerous to give them powerful analgesics due to the risk of addiction.² So under treatment of pain was common pediatric age group.

But now alleviation of pain is felt as basic human right and in present day postoperative pain management has become an integral part of pediatric anesthesia.^{4,5}

Caudal epidural analgesia is most common regional anesthesia technique for providing anesthesia and analgesia in children undergoing infra umbilical surgeries which is safe, reliable, effective and easy to perform.^{5,6}

The duration of action after single injection is limited by duration of action of local anesthetic used and to prolong its effect wide range of additives have been used in combination with local anesthetics to promote analgesia.⁴⁶

The use of additives during caudal anesthesia have increased in the last decade by 58%,⁴⁷ specially with ketamine 38% and clonidine 42%, whereas the use of opioids as additives has decreased from 36% to 18% due to the higher incidence of side-effects as nausea and vomiting, itching and respiratory depression specially in children.^{48, 49}

Dexmedetomidine potentiates the action of local anesthetics without increasing the incidence of side-effects and compared to clonidine. It is a highly selective α_2 adrenergic receptor agonist, and this facilitates its use in larger doses for analgesia and sedation without the fear of inadvertent effects on the hemodynamics.⁵⁰

Epidural dexmedetomidine has been used in the range of 1.5–2 µg/kg without any incidence of neurological deficits.^{51, 52} Saadawy et al¹² has mentioned in his study that in the absence data for caudal dexmedetomidine in children they have adopted a cautious study design by using a low dose of dexmedetomidine of 1 µg/kg which was based on previous reports in adults. So we have conducted this study to compare the duration of analgesia by decreasing the dose i.e with 0.5 µg/kg of dexmedetomidine and 1 µg/kg of dexmedetomidine with 0.25% bupivacaine caudally in patients coming for infraumbilical surgeries.

DEMOGRAPHIC DATA

In the present study, both the groups were similar with respect to demographic data like age, weight and sex of the children. In our study, age of the children were in the range from 6 months to 60 months , which was similar to studies conducted by El Hennewy et al¹⁶ and Anand VG¹¹ et al both studies included patients age ranging from 6 months to 72 months. In the present study mean age in group A was 30.03±15.38 months and group B was 37.07±16.17 months which was statistically not significant.

The mean weight was 10.83 ± 3.03 kg in group A and 10.76 ± 2.86 kg in group B. It was statistically not significant.

There were 4 females in group A and 2 in group B which was comparable in both the groups . Cook et al ⁸ studied the effect of caudal analgesia in paediatric patients in the age group of 1-10 years, undergoing only orchidopexy, hence all the cases were male (100%).

METHOD OF INDUCTION

Xiang D et al⁵³ done a study with caudal dexmedetomidine with bupivacaine to inhibit the response to hernial sac traction in children undergoing inguinal hernia repair. All patients were premedicated with oral midazolam and penehyclidine hydrochloride , then induced with ketamine 2mg/kg with spontaneous respiration, caudal block was given with either bupivacaine 0.25% 1ml/kg or 0.25% bupivacaine 1ml/kg along with 1 µg/kg dexmedetomidine. Ketamine 2 mg/kg was given for the movement of patients during surgery as rescue. They concluded that dexmedetomidine group had significant duration of analgesia (860minutes) in compared to bupivacaine group (320minute) and also requirement of total fentanyl in postoperative period was less in compared to bupivacaine only group.

Brenner et al⁵⁴ carried out a study of caudal anaesthesia under sedation (with i.v. nalbuphine 0.1 mg/ kg i.v. and propofol 1 mg /kg i.v., and maintained with propofol 5 mg /kg/ hr i.v. infusion) with ropivacaine (0.2% and 0.35%) in 512 patients and concluded that caudal anaesthesia under sedation is associated with high success rates and a low incidence of adverse events with careful perioperative management.

Locatelli B et al⁴⁴ included 99 patients divided into 3 groups, premedicated all patients with rectal atropine 0.01mg/kg and midazolam 0.5mg/kg 30 minutes prior to surgery later induced with propofol 2 mg/ kg and fentanyl 0.002 mg/kg by i.v. route. Anaesthesia was maintained with a propofol infusion of 0.125–0.130 mg/ kg /min and the airway was controlled with a facial mask or laryngeal mask airway . Each group received levobupivacaine 0.25% or ropivacaine 0.25% or bupivacaine 0.25% by the caudal route. Total dose of 1ml/kg for orchidopexy and inguinal hernia

repair, 0.5ml/kg for phimosis or incision level below L3 level. They concluded that all three groups had comparable analgesic efficacy but bupivacaine group had higher incidence of residual motor blockade and longer analgesia block than other 2 groups.

Similarly in our study all the patients were given premedication with oral midazolam (0.8mg/kg) and induced with inj propofol 2 mg/kg and then 100µg/kg/min⁵⁵ of infusion started and maintained under spontaneous respiration, then later caudal block was performed.

CONCENTRATION AND DOSE OF DRUG

In our study we have used a single dose of 0.25% bupivacaine 1ml/kg. Armitage⁵⁶ has recommended 0.25% bupivacaine in a dose of 0.5 ml/kg for lumbosacral, 1 ml/kg for thoraco-lumbar 1.25 ml/kg for mid-thoracic level of block and the plasma bupivacaine levels were always below 1.2µg/ml, which was below the toxic levels. Gunter et al³⁹ have reported that 0.175% bupivacaine offered the best combination of effectiveness and rapid recovery and discharge for paediatric surgical outpatients.

However, Jamali et al¹⁸ and Cook et al²⁰ used 0.25% bupivacaine 1ml/kg for paediatric herniotomy and orchidopexy respectively, as a single shot caudal block. Higher concentration can produce motor blockade in the immediate post-operative period and delay discharge. Since all our patients were monitored for 24 hours postoperatively in the hospital, 0.25% bupivacaine was used which gives a better quality of analgesia.

El-Hennawy et al¹⁶ compared bupivacaine 0.25% 1ml/kg alone and dexmedetomidine 2µg/kg or clonidine 2 µg/kg with bupivacaine 0.25%, 1ml/kg

caudally. They concluded that the addition of dexmedetomidine or clonidine to caudal bupivacaine significantly promoted analgesia time [16 (14–18) and 12 (3–21) h respectively] than the use of bupivacaine alone [5 (4–6) h] with a $p < 0.001$.

Saadawy et al¹² showed that the duration of analgesia was significantly longer with dexmedetomidine administration $1\mu\text{g}/\text{kg}$ with bupivacaine 0.25% 1ml/kg (18.5 h) than plain bupivacaine 0.25% 1ml/kg (6.2 h) ($p < 0.001$) and the incidence of agitation following sevoflurane anaesthesia was significantly lower with dexmedetomidine ($p < 0.05$).

Bharti N et al¹³ compared patients of one group receiving 0.2% plain ropivacaine 0.75 ml/kg and group 2, 3, and 4 receiving dexmedetomidine 0.5, 1.0, and 1.5 $\mu\text{g}/\text{kg}$, respectively, along with 0.2% ropivacaine 0.75 ml/kg under sevoflurane and Nitrous oxide anesthesia. They concluded that postoperative analgesia was significantly prolonged in all dexmedetomidine groups compared to plain ropivacaine .

Bhaskar et al¹⁴ conducted study on patients receiving 1ml of 0.2% ropivacaine with dexmedetomidine $2\mu\text{g}/\text{kg}$ and patients receiving 1ml/kg of 0.2% ropivacaine with fentanyl $2\mu\text{g}/\text{kg}$ under general anesthesia. They showed mean duration of analgesia in dexmedetomidine group was significantly longer compared to fentanyl group (714 ± 149 min vs 384 ± 71.80 min). they concluded that dexmedetomidine offers longer postoperative analgesia.

In our study, we chose 0.25% bupivacaine which provides better quality of analgesia when compared to lower concentrations and dexmedetomidine $1\mu\text{g}/\text{kg}$, with observed prolonged duration of analgesia significantly with 0.5 $\mu\text{g}/\text{kg}$ dexmedetomidine group.

CHANGES IN HEMODYNAMIC PARAMETERS:

In the present study, heart rate and blood pressure of all the patients were monitored at regular intervals.

The mean baseline heart rate was similar in both groups. The mean baseline rate was 105.4 ± 9.4 per minute in group A and 102.6 ± 13.3 per min in group B. Initially there was a rise in heart rates to 110.3 ± 11.1 and 106.1 ± 15.5 per minute respectively in both the groups at 5 minutes. On commencement of action of caudal block, there was a decrease in heart rate in both the groups which gradually reached 103.8 ± 12.7 per minute in group A and 99.3 ± 14.3 in group B at 25 minutes. Later there were no statistically significant changes in heart seen in both the groups at any time interval intraoperative and postoperative period till the requirement of rescue analgesia.

Similarly, there was no significant difference in the blood pressure (systolic, diastolic and mean) between the two groups at any time interval till rescue analgesia requirement. The mean baseline systolic blood pressure was 87 ± 8.8 mm Hg in group A and 86.9 ± 10.3 mm Hg in group B. the mean systolic BP was maintained around 87.1 ± 7.3 mm of Hg in group A and 85.1 ± 7.6 mm of Hg in group B at 45 minutes and thereafter there were no statistically significant differences between the groups.

The mean baseline diastolic blood pressure was 52.7 ± 7.4 mm Hg in group A and 53.4 ± 6.6 mm Hg in group B. It gradually decreased to 47.9 ± 9.1 in group A and 44.5 ± 7.3 mm Hg in group B at 20 min which was statistically not significant . Thereafter no significant difference between the both groups seen at any time interval.

The base line mean arterial blood pressure was 64.1 ± 8.1 mm of Hg in Group A and 64.5 ± 8.4 mm of Hg in Group B which was statistically not significant. It was gradually decreased to 60.5 ± 10 mm of Hg and 57.9 ± 7.7 in Group A and Group B respectively at 25 minutes and then it was maintained around the same till the requirement of rescue analgesia. There was no statistically significant difference of values between both the groups at any point of time.

There was no drop in arterial saturation in both the groups during intraoperative and postoperative period.

Similar hemodynamic stability with respect to heart rate, systolic blood pressure, diastolic blood pressure and mean arterial pressure was seen in previous studies conducted by El-Hennawy et al¹⁶, Saadawy et al¹² and El shamaa HA et al.¹⁵

INTRAOPERATIVE COMPLICATIONS

In our study intraoperative hypotension requiring fluid bolus was seen in 5 and 3 patients in group A and group B respectively which was statistically not significant. Bradycardia requiring administration of atropine was seen in 2 cases in group A and 1 case in group B which was also not statistically significant. Similar results were seen in study conducted by Anand VG et al¹¹, Neogi et al¹⁷, Jamali et al¹⁸ and Lee JJ et al.²⁵

INTRAOPERATIVE SEDATION SCORE

In our study we used Ramsay sedation score in assessment of sedation intraoperatively. Bolus propofol was given to maintain the score of 4 or 5 in all subjects if required. Anand et al¹¹ used Ramsay sedation score was used in 6 months

to 6yrs of age patients. Similarly Thakker et al⁵⁷ used this score in their study for patients aged between 1 month to 12 yrs.

MEAN DURATION OF ANALGESIA

Mean duration of analgesia in group A was 1111.33 ± 74.9 minutes and in group B was 896.5 ± 40.8 minutes , it showed high statistical significance.

In a study conducted by Saadwy et al¹² compared 1 ml/kg of 2.5 mg/ml bupivacaine alone and along with dexmedetomidine $1\mu\text{g}/\text{kg}$ showed that there was significant prolongation of duration of analgesia in dexmedetomidine group 18.5 ± 2.8 hrs in compared to 6.2 ± 2.8 hrs in bupivacaine alone group.

Similarly Bhaskar et al¹⁴ showed that when ropivacaine with dexmedetomidine $2\mu\text{g}/\text{kg}$ compared with ropivacaine with fentanyl $2\mu\text{g}/\text{kg}$, the duration of analgesia was 714 ± 149 minutes vs 384 ± 71.8 minutes in dexmedetomidine and fentanyl group respectively which was highly significant .

El Shamaa H A et al¹⁵ has done study dexmedetomidine $2\mu\text{g}/\text{kg}$ with 1 ml /kg of 0.25% bupivacaine in one group and other group received morphine $30\mu\text{g}/\text{kg}$ with 1 ml /kg of 0.25% bupivacaine. They concluded that dexmedetomidine group patients had longer duration of analgesia than morphine group.

Neogi et al¹⁷ compared ropivacaine 0.25% 1ml/kg alone and dexmedetomidine $1\mu\text{g}/\text{kg}$ or clonidine $1\mu\text{g}/\text{kg}$ with ropivacaine 0.25% 1ml/kg caudally. The mean duration of analgesia was 6.32 ± 0.46 hours in the ropivacaine group, 13.17 ± 0.68 hours in the clonidine group and 15.26 ± 0.86 hours in the dexmedetomidine group. They concluded that addition of both clonidine and dexmedetomidine to ropivacaine administered caudally significantly increases the duration of analgesia.

Anand et al¹¹ also studied ropivacaine 0.25% 1ml/kg and ropivacaine 0.25% 1ml/kg with dexmedetomidine 2 µg/kg caudally. The mean duration of postoperative analgesia in the ropivacaine group was 5.5 hours and in the ropivacaine - dexmedetomidine group 14.5 hours with a p value of < 0.001.

MEAN PAIN SCORES

Manjunath et al⁵⁸ conducted study on 90 children age 3-6yrs, ASA 1 and 2 , to study the adjuvant effect of fentanyl 1µg/kg or clonidine 2µg/kg to ropivacaine 0.2 % 1ml/kg for pediatric caudal analgesia for lower abdominal surgeries for assessment of postoperative duration of rescue analgesia. They used Hanallah pain scale scores to assess pain. They concluded that fentanyl or clonidine when added to ropivacaine prolongs the duration and quality of analgesia when compared to ropivacaine alone group and clonidine is better adjuvant due to more prolonged analgesia and lesser side effects.

In our study when mean pain scores (assessed by objective pain scale modified Hanallah pain scale) between the 2 groups were compared in postoperative period, scores were comparable in groups till 660 min but later the mean pain scores were higher in group B in compared to group A from 660 min to the time of rescue analgesia (when score >3) , which was statistically significant .

POSTOPERATIVE COMPLICATIONS

In our study 3(10%) patients in group A had hypotension but no case had hypotension in group B and it was statistically not significant. Anand et al¹¹ showed similar results.

Postoperative vomiting was seen among 6 (20%) patients in group A and 1 (3.33%) patient in group B which was statistically significant as p value was <0.05 .

In studies conducted by Saadawy et al¹², Bhaskar et al¹⁴, El shamma et al¹⁵ and Xiang et al⁵⁵ had incidence of postoperative vomiting but it was statistically not significant .

CONCLUSION

In our study we conclude that, Caudal dexmedetomidine ($1\mu\text{g}/\text{kg}$) with 0.25% bupivacaine for pediatric infraumbilical surgeries achieved significant post-operative pain relief compared to caudal dexmedetomidine ($0.5\mu\text{g}/\text{kg}$) with 0.25% bupivacaine without any significant difference in hemodynamic parameters. However incidence of side effects was less in $0.5\mu\text{g}/\text{kg}$ dexmedetomidine group when compared to $1\mu\text{g}/\text{kg}$ dexmedetomidine group which was statistically significant.

SUMMARY

This clinical study entitled “Comparison of two different doses of dexmedetomidine with bupivacaine in paediatric caudal anaesthesia for infraumbilical surgeries: a randomised double blinded clinical study” was conducted at S Nijalingappa Medical College and Hanagal Shri Kumareshwar Hospital and Research Centre, from : 1st January 2013 to 31st December 2013.

After obtaining ethical committee clearance and written informed consent, Sixty children of ASA grade I and II in the age group of 6 months to 6 yrs, coming for various elective infra-umbilical surgeries were included in the study. They were divided into two groups of 30 each.

All patients received 0.8 mg/kg midazolam syrup orally as premedication and inside operation theatre after attachment of saturation probe , NIBP and ECG monitors they were induced with 2mg/kg propofol and followed by 100µ/kg/min infusion and then received caudal injection where,

Group A received caudal bupivacaine 0.25% (1ml/kg) with 1 µg/kg dexmedetomidine and

Group B received caudal bupivacaine 0.25% (1ml/kg) with dexmedetomidine 0.5µg/kg.

The parameters studied were duration of 1st rescue analgesia, hemodynamic changes both intraoperative and postoperatively and incidence of side-effects.

Both the groups were comparable with respect to age, sex and weight distribution. There was no significant difference between the two groups with respect

to haemodynamic parameters like heart rate, systolic blood pressures, diastolic blood pressures, mean arterial pressure and oxygen saturation .

Post-operative analgesia was assessed by using objective pain scale modified Hanallah pain score and when score >4 , rescue analgesia with inj fentanyl $1 \mu\text{g}/\text{kg}$ was given.

The mean duration of 1st rescue analgesia in group A was 1111.33 ± 74.9 minutes and in group B was 896.5 ± 40.8 minutes which showed high statistical significance, thereby reducing the requirement of analgesics in group A in the post-operative period.

The mean pain scores were comparable in both the groups till 660 min postoperatively but later the mean pain scores were higher in group B in compared to group A from 660 min to the time of rescue analgesia (when score >3) , which was statistically significant .

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ANNEXURES



B. V. V. Sangha's
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& HANAGAL SHRI KUMARESHWAR HOSPITAL & RESEARCH CENTRE,
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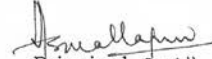
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CERTIFICATE OF ETHICAL CLEARANCE

This is to certify that Dr. Sindhura N., is a Post Graduate student in the Department of MD Anaesthesiology. She was admitted to this course during the academic year 2012-13. The Institutional Ethical Committee has issued **ETHICAL CLEARANCE** for the synopsis titled as "COMPARISON OF TWO DIFFERENT DOSES OF DEXMEDETOMIDINE WITH BUPIVICAINE IN PAEDIATRIC CAUDAL ANAESTHESIA FOR INFRAUMBILICAL SURGERIES: A RANDOMISED DOUBLE BLINDED CLINICAL STUDY". She is permitted to carry out the work.


Principal

Ethical Committee Chairman,
S. Nijalingappa Medical College &
HSK Hospital & Research Centre
Bagalkot.

G:\PG Dept\PG Student\Ethical Certificate.doc

Res : Dr. Ashok S. Mallapur, Principal's Quarters, No. A-3, S.N.M.C.Campus Navanagar, Bagalkot - 587 102 (R) ☎:08354-200219
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CONSENT FORM

Department of Anesthesiology

RESEARCH INFORMED CONSENT FORM

Study Title: COMPARISON OF TWO DIFFERENT DOSES OF DEXMEDETOMIDINE WITH BUPIVACAINE IN PAEDIATRIC CAUDAL ANAESTHESIA FOR INFRAUMBILICAL SURGERIES: A RANDOMISED DOUBLE BLINDED CLINICAL STUDY

Principal investigator: Dr. Sindhura N Guide's Name: Dr. Vinod Hosalli

Name of the subject:

Age:

Sex:

- 1. I have been informed that this study requires comparison of two doses of drug for determination of duration of analgesia and will not cause any harm to me.**
- 2. I understand that my participation in the study may not have a direct benefit to me.**
- 3. I understand that medical information produced by this study will become part of institutional record & will be kept confidential by the said institute.**
- 4. I understand that my participation is voluntary & I may refuse to participate or may withdraw my consent & discontinue participation at any time without prejudice to my present or future care at this institution.**

5. I agree not to restrict the use of any data or results that arise from this study provided such a use is only for scientific purpose (s)

I confirm that Dr. Sindhura N has explained to me the purpose of research & the study procedure that I will undergo and the possible risks & discomforts as well as benefits that I may experience, in my own language. Therefore, I agree to give consent to participate as a subject in this research project.

Participant's signature

Date:

I have explained to _____ (Subject) the purpose of the research, the possible risks and benefits to the best of my ability.

Investigator/ P.G (Guide) signature

Date

PROFORMA

**“COMPARISON OF TWO DIFFERENT DOSES OF DEXMEDETOMIDINE
WITH BUPIVICAINE IN PAEDIATRIC CAUDAL ANAESTHESIA FOR
INFRAUMBILICAL SURGERIES: A RANDOMISED DOUBLE BLINDED
CLINICAL STUDY”**

Principal investigator: Dr Sindhura N

Guide:Dr Vinod Hosalli

Name: IP/OP no:
Age: DOA:
Sex: Diagnosis:
Address: Proposed surgery:
Date of surgery:

Preanaesthetic evaluation:

H/O previous anaesthesia:

H/O co existing diseases:

H/O medication:

H/O allergy:

Developmental history:

General physical examination;

Body weight: kg Height: cm

PR: /min RR: /min

BP: mmHg Temp:

Neck :

Spine:

Venous access:

Systemic examination

CVS:

RS:

PA:

CNS:

ASA class: I II III IV V VI E

Consent:

NPO status:

Premedication:

Fluids:

IV cannulation;

Caudal epidural procedure:

Drug:

Prepared by:

Given and monitored by:

Time of caudal anaesthesia:

Sedation maintained :

Surgery started at:

Surgery ended at:

Bolus propofol:

Time :

Dosage :

RAMSAY SEDATION SCORE:

TIME(min)	0	15	30	45	60	75
SCORE						

TIME(min)	90	105	120	135	150	165
SCORE						

PARAMETERS RECORDED:

TIME(min)	0	5	10	15	20	25	30	35	40
Heart rate									
Spo2									
NIBP									

TIME(min)	45	50	55	60	65	70	75	80	85
Heart rate									
Spo2									
NIBP									

TIME(min)	90	95	100	105	110	115	120	125	130
Heart rate									
Spo2									
NIBP									

*ATROPINE REQUIRED AT AND DOSAGE:

PROPOFOL INFUSION STOPPED AT:

RECOVERY:

No of episodes of hypotension:

No of episodes of bradycardia:

Time of recovery from propofol sedation:

POSTOPERATIVE MONITERING:

TIME(min)	0	15	30	45	60	75	90	105	120	150	180	210	240
HR													
SPO2													
NIBP													

TIME(min)	270	300	330	360	390	420	450	480	510	540	570	600	630
HR													
SPO2													
NIBP													

TIME(min)	660	690	720	750	780	810	840	870	900	930
HR										
SPO2										
NIBP										

TIME(min)	960	990	1020	1050	1080	1110	1140	1170	1200	1230	1260
HR											
SPO2											
NIBP											

POSTOPERATIVE PAIN SCALE (MODIFIED HANNALLAH AND COLLEGUES)

TIME (min)	0	15	30	45	60	75	90	105	120	150	180	210	240
Cry													
Movement													
Agitation													
Total													

TIME(min)	270	300	330	360	390	420	450	480	510	540	570	600
Cry												
Movement												
Agitation												
Total												

TIME(min)	630	660	690	720	750	780	810	840	870	900	930
Cry											
Movement											
Agitation											
Total											

TIME(min)	960	990	1020	1050	1080	1110	1140	1170	1200	1230	1260
HR											
SPO2											
NIBP											
TIME(min)											

Time of rescue analgesia-

CONCERNED ANAESTHESIA

STAFF SIGNATURE

			Intraoperative systolic blood pressure																								Intraoperative Diastolic b																																						
150 min	155 min	160 min	5 min	10 min	15 min	20 min	25 min	30 min	35 min	40 min	45 min	50 min	55 min	60 min	65 min	70 min	75 min	80 min	85 min	90 min	95 min	100 min	105 min	110 min	115 min	120 min	125 min	130 min	135 min	140 min	145 min	150 min	155 min	160 min	5 min	10 min	15 min	20 min	25 min	30 min	35 min	40 min	45 min	50 min	55 min	60 min	65 min	70 min	75 min	80 min	85 min														
86			100	92	91	97	100	97	89	93	93	92	92	89	88	92	94	88	93	88	91	95	95	96	94	86	94	86	82	80	82	83			53	50	57	52	64	52	52	57	55	59	54	52	57	55	57	57	57														
94			100	102	90	90	88	90	102	84	91	100	106	93	89	87	84	90	99	94	92	90	88	92	92	90	96	98	93	98	98	99			70	65	55	60	50	53	65	45	63	54	50	44	40	40	40	40	54	56													
			106	104	108	107	102	98	94	95	93																								48	67	65	66	61	58	55	54	55																						
			110	113	101	90	90	86																											60	62	64	60	60	48																									
			90	92	90	93	92	92	88	93																									60	60	50	48	43	53	40	48																							
			99	96	101	107	106	99	99																										64	63	68	72	71	63	61																								
			90	88	92	94	94	98																											56	56	56	50	55	60																									
			88	80	73	75	75	84																											44	36	40	40	38	40																									
			92	88	84	92	91	91																											51	56	55	50	44	54																									
			78	80	80	73	71	70	73																										40	40	45	38	36	40	45																								
			83	87	88	80	78	83	83	83	83																								57	39	43	40	47	40	45	45																							
			94	82	87	90	98	104	107																										48	46	47	51	61	66	70																								
			90	89	91	84	85	84	82	83																									52	54	53	50	51	49	46	45																							
			86	94	85	77																													46	51	40	38																											
			77	71	74	75	70	72	74																										34	35	40	36	33	33	34																								
			81	85	84	90	85	83	90																										39	46	49	50	48	46	46																								
			78	83	92	85	87																												42	43	49	46	47																										
			78	72	78	72	78	76																											40	43	45	40	40	42																									
			74	81	78	78	80																												34	39	37	37	37																										
			80	82	86	87	90	87																											45	43	45	45	40	43																									
			80	74	78	85	90	88	80																										46	43	42	42	42	44	44																								
			80	80	81	83	81																												40	40	40	45	31																										
			82	78	78	80	82	90	92	88																									40	42	37	40	34	50	52	44																							
			92	84	80	80	79	84																											51	38	40	38	40	47																									
			92	100	108	99	103	104	97	92	92	94	93	98	101	100	101	100	100	100															53	60	88	61	69	69	63	60	60	58	59	65	76	73	66	60	60														
			100	100	93	98	98	95																											54	50	53	57	56	48																									
			90	88	88	88	88	87																											40	45	40	40	42	43																									
			90	89	91	84	85	84	82	83																									52	54	53	50	51	49	46	49																							
			80	83	88	90	80	80	88																										42	40	43	50	40	40	46																								
			85	83	81	83	84	99	85																										54	48	42	46	52	67	50																								

105 min	120 min	150 min	180 min	210 min	240 min	270 min	300 min	330 min	360 min	390 min	420 min	450 min	480 min	510 min	540 min	570 min	600 min	630 min	660 min	690 min	720 min	750 min	780 min	810 min	840 min	870 min	900 min	930 min	960 min	990 min	1020 min	1050 min	1080 min	1110 min	1140 min	1170 min	1200 min	1230 min	1260 min	Duration of analgesia (min)	Adverse effects															
0	0	1	0	1	1	1	1	0	1	1	1	1	1	0	0	1	1	1	0	1	1	1	1	1	2	1	1	2	2	2	4										1170	-														
1	0	1	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1	0	1	1	0	0	0	0	0	1	4													1110	-													
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	1	0	0	1	1	1	1	1	1	0	0	0	0	1	1	2	2	2	4						1245	-											
0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	0	0	0	2	0	0	0	0	0	0	0	1	1	0	1	0	1	1	2	2	4									1170	Hypotension											
2	0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	3	3	4									1210	-										
0	0	2	0	3	2	0	0	0	0	0	1	1	2	2	0	0	0	0	1	1	0	0	0	1	1	1	1	2	0	2	2	3	4													1085	-									
2	0	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	4					1260	-								
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	3	4														1050	vomiting										
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	1	1	2	2	2	2	3	4													1140	vomiting								
0	0	1	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	2	2	4												1175	vomiting							
0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	1	1	1	1	1	2	3	4													1180	-					
0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	1	1	2	2	4													1200	-					
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	2	0	0	1	0	2	2	4														1180	-					
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	1	1	1	1	1	2	2	3	4																	1040	-						
0	0	3	0	0	0	0	0	2	0	1	0	0		0	0	0	0	0	0	0	0	0	0	1	1	1	1	2	3	4																			1025	vomiting						
0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	1	1	2	4																	1055	-						
0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	1	2	2	0	0	0	0	0	0	0	0	0	0	1	1	1	0	1	2	3	4															1140	vomiting					
1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	1	0	0	0	0	0	0	0	0	0	1	1	1	2	3	3	4																1140	-				
0	0	0	0	0	0	0	0	1	0	1	0	2	0	0	0	0	0	0	0	0	1	2	1	1	1	1	1	2	2	3	4																				1015	Hypotension				
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	1	1	1	1	1	1	2	2	3	4																			1050	-				
0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2	4																				1055	-			
0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	2	0	0	0	0	0	0	0	0	0	1	1	1	2	2	3	4																	1135	vomiting			
0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	2	4																						1000	Hypotension			
0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	1	1	1	0	0	4																				1050	-			
0	0	0	0	0	0	2	1	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	4																					1070	-			
0	1	1	0	0	0	0	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	2	4																						990	-			
0	0	0	0	0	0	1	0	1	1	0	0	0	0	0	0	2	0	0	1	1	0	0	0	0	0	0	0	0	1	0	1	1	2	4																		1110	-			
0	0	0	0	0	1	0	0	0	0	2	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	1	2	2	3	4																	1180	-		
0	0	0	0	0	0	0	0	0	0	1	2	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	3	4																				1085	-		
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	0	0	0	0	0	0	0	1	2	2	3	4																									1025	-

45 min	60 min	75 min	90 min	105 min	120 min	150 min	180 min	210 min	240 min	270 min	300 min	330 min	360 min	390 min	420 min	450 min	480 min	510 min	540 min	570 min	600 min	630 min	660 min	690 min	720 min	750 min	780 min	810 min	840 min	870 min	900 min	930 min	960 min	990 min	0 min	15 min	30 min	45 min	60 min	75 min	90 min	105 min				
60	68	60	60	60	60	60	60	60	70	70	60	60	60	60	52	50	60	60	60	60	60	60	50	59	50	51	50	52								100	100	100	100	100	100	100	100	100		
56	52	50	60	50	60	60	60	60	60	56	50	55	55	56	55	60	60	60	60	60	58	56	58	61	61											100	100	100	100	100	100	100	100	100		
38	42	44	47	44	44	45	45	45	40	41	41	41	40	38	40	40	45	45	40	40	40	42	42	43	55	56	48	48	55	50	50	56					100	100	100	100	100	100	100	100	100	
46	46	40	40	38	40	38	38	38	50	48	45	40	40	40	40	43	50	45	45	45	40	40	46	45	42	44	58	58	56	58	55					100	100	100	100	98	100	100	100	100		
37	38	34	34	66	56	68	60	50	60	60	56	56	60	60	60	45	45	48	56	55	50	50	50	45	50	53	52	54								100	100	100	100	100	100	100	100	100		
39	40	40	40	45	46	45	42	42	40	45	45	45	40	45	46	45	38	45	38	38	45	45	45	42	42	49	46	46	46	44						100	100	100	100	100	100	100	100	100		
41	42	47	47	47	45	45	50	56	54	54	56	56	45	56	54	55	54	50	50	54	50	56	52	49	55	55	58	60	60							100	100	100	100	100	100	100	100	100		
43	43	43	45	38	34	40	38	38	38	38	45	40	43	42	45	45	40	40	40	41	41	45	44	44	40	41	38	43	44	44						100	100	100	100	100	100	100	100	100		
40	43	40	45	40	40	40	45	40	40	41	42	42	40	40	40	40	38	43	42	45	44	44	43	43	43	47	40	38	40	40						100	100	100	100	100	100	100	100	100		
40	43	44	44	44	40	45	44	45	46	56	56	55	54	53	50	53	45	60	60	60	56	56	58	59	56	58	60	60	54	53	50	53	58				100	100	100	100	100	100	100	100	100	
40	44	43	41	45	41	42	45	46	45	45	40	40	45	45	40	40	45	46	47	40	45	47	46	55												100	100	100	100	98	100	100	100	100		
46	47	47	47	41	42	45	42	45	40	40	38	42	45	45	44	44	44	42	42	43	44	56	50	55	45	52	58	60	58	58							100	100	100	100	100	100	100	100	100	
40	42	40	42	42	38	43	42	40	40	42	40	40	40	43	56	55	53	53	45	45	50	50	50	55	54											100	100	100	100	100	100	100	100	100		
39	42	44	38	45	45	44	40	45	40	40	40	38	42	43	40	40	45	39	43	40	38	40	45	44	43	44	45	46	48	58	60						100	100	100	100	100	100	100	100	100	
44	44	46	45	45	45	56	57	55	56	46	45	56	45	40	53	50	40	40	40	43	44	44	45	44	48	50	54	54	56								100	100	100	100	100	100	100	100	100	
47	43	44	44	38	45	45	50	50	56	50	50	47	40	40	40	42	42	43	44	40	40	46	50	53	53	52	43	48	50	52							100	100	100	100	100	100	100	100	100	
44	45	45	45	44	45	42	42	50	54	45	50	43	45	43	40	40	40	42	41	43	56	56	40	44	44	57	54	54	56	58	55							100	100	100	100	100	100	100	100	100
45	45	45	40	43	42	45	54	44	42	42	40	40	43	43	40	42	40	48	54	50	60	60	56	60	55	57											100	100	100	100	100	100	100	100	100	
45	47	45	40	40	45	45	45	45	40	40	46	42	40	40	40	40	42	44	44	40	40	42	42	40	41	40	42	40	42									100	100	100	100	100	100	100	100	100
43	43	44	42	42	38	36	38	34	38	36	38	38	38	40	42	42	40	40	45	45	40	38	40	45	44	44	45	43	48	48								100	100	100	100	100	100	100	100	100
38	40	39	36	40	39	38	38	38	38	38	38	36	36	44	40	40	40	40	43	42	40	40	40	38	37	42	40	40	45								100	100	100	100	100	100	100	100	100	
40	40	42	43	43	44	45	40	40	40	45	40	44	45	40	40	34	43	43	44	40	45	54	56	54	55	57	50	46	47								100	100	100	100	100	100	100	100	100	
40	40	43	43	40	42	42	42	42	50	45	54	56	44	45	45	42	44	42	42	45	45	45	48	48	49	46	47	48	55	58								100	100	100	100	100	100	100	100	100
40	40	52	42	42	53	54	43	40	42	39	37	45	40	40	40	45	60	60	45	56	56	55	54	52	58	56	54	53	56	60	55	54	56					100	100	100	100	100	100	100	100	100
45	40	45	40	43	45	42	40	43	42	42	44	43	60	60	45	44	44	45	44	38	40	54	54	55	56	52	50	54	54									100	100	100	100	99	100	100	100	100
70	60	60	56	55	54	51	50	54	55	56	60	60	60	60	60	60	60	56	60	56	50	50	60	60	55	53	52	58	62	63								100	100	100	100	100	100	100	100	100
52	54	48	52	50	48	54	45	45	54	54	60	56	57	60	60	60	60	56	56	50	55	55	59	60	55	57	60	63	55									100	100	100	100	100	100	100	100	100
40	40	43	45	40	43	44	42	42	42	40	38	40	40	40	40	40	42	50	50	46	45	50	50	52	53	50	55	54	56	52								100	100	100	100	100	100	100	100	100
43	45	45	45	45	45	45	50	44	45	45	40	43	45	45	46	42	42	42	40	40	40	42	46	44	44	42	43	40	56									100	100	100	100	100	100	100	100	100
45	40	42	43	45	43	45	45	46	43	46	40	44	43	44	45	43	40	40	40	40	40	45	45	44	45	44	44	40	43	45								100	100	100	100	100	100	100	100	100

270 min	300 min	330 min	360 min	390 min	420 min	450 min	480 min	510 min	540 min	570 min	600 min	630 min	660 min	690 min	720 min	750 min	780 min	810 min	840 min	870 min	900 min	930 min	960 min	990 min	Duration of analgesia (min)	Adverse effects
0	0	1	0	0	1	0	0	0	0	0	0	0	0	2	0	0	2	4							910	-
0	1	1	0	0	0	0	0	0	0	0	0	0	0	2	4										830	-
0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	1	1	1	1	1	4			955	-
0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	1	2	2	3	4				930	-
0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	1	1	3	4							845	-
0	0	0	0	0	1	1	0	0	0	0	0	0	0	1	1	1	1	2	2	4					900	-
0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	2	2	3	4						885	-
2	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	2	2	4					930	-
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2	4					900	-
0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2	4		995	-
0	0	0	0	0	1	1	0	0	0	0	0	1	3	4											850	-
0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1	1	2	4					930	vomiting
0	0	0	0	0	0	0	2	0	1	0	1	0	0	2	4										850	-
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	1	1	1	4				935	-
0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	3	4						880	-
0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	1	1	1	2	4					895	-
0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	2	4			930	-
0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	4									830	-
0	0	2	2	0	0	0	0	2	0	0	0	0	0	1	1	2	2	2	4						870	-
0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	1	1	2	2	4					900	-
0	0	0	0	2	2	0	0	0	0	0	0	0	0	0	1	2	2	3	4						860	-
1	1	0	0	0	0	0	2	0	0	0	0	0	0	1	1	1	1	3	4						885	-
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	2	4					895	-
0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	1	1	1	2	3	4		990	-
0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	4						870	-
0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	1	1	1	2	4					900	-
0	0	0	0	0	0	0	0	0	0	0	1	0	1	1	2	2	3	4							875	-
0	0	0	1	1	0	0	0	0	0	0	0	0	0	1	1	1	1	2	2	4					900	-
0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	1	3	4						870	-
0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	4					900	-